



Heritage Baking: An Evening with Hewn's Head Baker Ellen King

Co-owner and Head Baker, Hewn; author of the brand-new book, *Heritage Baking*.
Member, Women Chefs and Restaurateurs, the Bread Bakers Guild of America, and Les Dames d'Escoffier.

Monday, November 5, 2018, 7:00 PM
New Trier High School, Northfield Campus, Cornog Auditorium
7 Happ Rd., Northfield, IL 60093

Presented by **Family Action Network (FAN)**,
in partnership with Chiaravalle Montessori School.

This event is **free and open to the public** and will be taped. Suitable for youth 12+.
INFO: familyactionnetwork.net

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FOR IMMEDIATE RELEASE: ELLEN KING

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Monday, November 5, 2018, Heritage Baking: An Evening with Hewn’s Head Baker Ellen King, 7:00 PM, New Trier High School, Northfield Campus, Cornog Auditorium, 7 Happ Rd., Northfield, IL 60093.

With a combined passion for history, heritage grains, and baking, **Ellen King** is the co-owner and Head Baker at **Hewn**, a bakery located in Evanston creating hand-forged artisan bread. With co-owner **Julie Matthei**, Ms. King has built Hewn into a major presence in the Chicago food scene, having been recognized in *The New York Times*, *Saveur*, *Chicago* magazine, and *Forbes*, among others.

Hewn’s artisan bread selection rotates daily, and everything is made in-house, from scratch daily. Local and seasonal ingredients are sourced from small, local farmers, reflecting Ms. King’s commitment to working with these communities. All of the breads are hand-mixed, hand-shaped, and naturally fermented without commercial yeast – wild yeast allows a richer, more complex flavor to develop and also allows the gluten proteins to slowly and naturally break down over time. The variety is stunning – everything from traditional baguettes, and country boules to a caramelized onion rye and sprouted buckwheat. Hewn also offers an array of croissants, scones, brioche, galettes, and muffins.

Heritage Baking, Ms. King’s first cookbook, is a go-to resource for bakers at all skill levels who love new information and techniques that lead to better loaves and more flavor. 45 foolproof recipes for delicious, nutritious, good-for-the-gut breads and pastries that feature a wide range of artisanal flours now readily available to the home baker. Her mastery of the history of heirloom grains is impressive, and Hewn’s commitment to furthering the farmer-miller-baker movement in the US is inspiring. She has many stories to tell about small Midwest farms that are creating a revolution in grain consumption.

Ms. King holds a BA and MA in history, and so it is no surprise that as a baker, she is fascinated by the history of American heritage grains. This will be an enjoyable, relaxing, informative evening, and perhaps best of all, Hewn will have a sample table set up in the auditorium lobby!

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