

## An Evening with Andrew Solomon, Ph.D.

Professor of Clinical Psychology, Columbia University Medical Center President, PEN American Center Author, Far from the Tree: Parents, Children and the Search for Identity

Tuesday, October 20, 2015, 7:00 PM Cahn Auditorium, Northwestern University 600 Emerson St., Evanston, IL

> Free and open to the public. INFO: familyactionnetwork.net

"All parenting turns on a crucial question: to what extent parents should accept their children for who they are, and to what extent they should help them become their best selves." Andrew Solomon, Far from the Tree

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## FOR IMMEDIATE RELEASE: ANDREW SOLOMON, Ph.D.

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Tuesday, October 20, 2015, An Evening with Andrew Solomon, 7:00 PM, Cahn Auditorium, Northwestern University, 600 Emerson St., Evanston, 60201. Andrew Solomon, Ph.D.'s magnificent 2012 book, Far From the Tree: Parents, Children and the Search for Identity, is an account of how families integrate children with physical, mental and social differences and challenges. Named as of the 10 best books in 2012 by The New York Times, it won a National Book Critics Circle Award for its brave, humane, compassionate examination of how to open your heart to a child different from you. The narrative carries the reader along through 12 chapters describing the struggles and triumphs of families who have children born "far from the tree," those coping with issues of autism, multiple severe disabilities, deafness, Down syndrome, dwarfism, schizophrenia, with children who are prodigies, who are conceived in rape, who become criminals, who are transgender.

But what separates us also unites us - Far From the Tree's poignancy is that the struggle to accept the identity of a child so different from us in universal. As parents and family members, we all feel challenged when we experience someone close to us as so very "different" from us - the sports-minded father with a sports-indifferent child, the guiet mother with an extroverted teen. The gulf may not be as wide as that of a parent raising a child with severe disabilities; but Solomon's extensive interviews with these families (40,000 pages on interview transcripts with more than 300 families) illuminates a persistent tension between accepting children for who they are and trying to help them become their best selves. Can we "love, no matter what"?

Solomon is an astounding presenter -- erudite, articulate, and deeply sympathetic to those he studied. He is the author of The Noonday Demon: At Atlas of Depression, an examination of depression in personal, cultural and scientific terms that won the 2001 National Book Award for Nonfiction, and was a finalist for the 2002 Pulitzer Prize. He is a writer and lecturer on politics, culture and psychology, a Professor of Clinical Psychology at Columbia University Medical Center, and President of PEN American Center. FAN is thrilled to welcome Andrew Solomon back for a third appearance in as many years, and honored to include him as an Advisory Council member.

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