



# Raising UnSelfies: How to Raise Compassionate, Courageous Kids

## Michele Borba, Ed.D.

Educational consultant, motivational speaker, and author of 24 books, including *UnSelfie: Why Empathetic Kids Succeed in Our All-About-Me World*.

**Monday, December 2, 2019, 7:00 PM**  
**Central School, Misner Auditorium**  
**620 Greenwood Ave., Glencoe, IL 60022**  
*(entrance on Grove St.)*

Presented by **Family Action Network (FAN)**,

in partnership with Baker Demonstration School, Beacon Academy, Catherine Cook School, Countryside Day School, Family Service Center, Family Service of Glencoe, Foundation 65, Fusion Academy, Glencoe D35, Glencoe PTO, Haven Youth and Family Services, Lake Forest Country Day School, Regina Dominican High School, Rogers Park Montessori School, Roycemore School, Science and Arts Academy, The Family Institute at Northwestern University, The Kindness Connection, Winnetka D36, the Wolcott School, and Youth and Opportunity United (Y.O.U.).

This event is **#freeandopentothepublic** and will not be recorded. Suitable for youth 12+. **INFO: [familyactionnetwork.net](http://familyactionnetwork.net)**

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**FOR IMMEDIATE RELEASE: MICHELE BORBA, Ed.D.**

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**Monday, December 2, 2019, 7:00 PM, Raising UnSelfies: How to Raise Compassionate, Courageous Kids, Central School, Misner Auditorium, 620 Greenwood Ave., Glencoe, IL 60022.**

Scores of disturbing indicators tell us today's teens are forty percent less empathetic than they were thirty years ago. This self-absorption epidemic hurts kids' academic performance and resilience, and it can lead to sadness and bullying behaviors. Once children grow up, a lack of empathy hampers their ability to collaborate, innovate, and problem solve—all must-have skills for the global economy. Empathy is a trait that can be taught and nurtured to yield the results we all want: successful, happy children who also are kind, moral, and courageous, and able to shift their focus from I, me, and mine to we, us, and ours.

**Michele Borba, Ed.D.** is the author of 24 books that have been translated into fourteen languages. In her latest book, *Unselfie: Why Empathetic Kids Succeed in Our All-About-Me World*, she explains what parents and educators must do to combat the growing empathy crisis among children today—including a 9-step empathy-building program with tips to guide kids from birth through college, and beyond.

Dr. Borba is an internationally renowned educator and award-winning author who is lauded for her practical, solution-based strategies to strengthen child's behavior, self-esteem, character, and social development, and to build strong families. A sought-after motivational speaker, she has presented workshops and keynote addresses throughout the world, and she has served as an educational consultant to hundreds of schools. Dr. Borba's presentation will confront the "selfie" syndrome with a research-based plan for parents of kids from birth to college and beyond.

As a recognized expert on character development, positive behavior change, and violence prevention, Dr. Borba has appeared over 140 times as a parent expert on the *Today* show. She has been a guest expert on TV and radio talk shows including *The View*, *Dr. Phil*, *Dateline*, *NBC Nightly News*, *Fox & Friends*, *CNN*, *The Dr. Oz Show*, and *The Early Show*. She has been interviewed by numerous publications including *Newsweek*, *U.S. News & World Report*, *Chicago Tribune*, *The Globe and Mail*, *LA Times*, *Parenting*, and *Child*.

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