



Listening and Loving: Sharing Your Story



Storytelling has become a visible part of our culture, with podcasts, radio shows and live venues devoted to allowing people to tell their stories. Please join us for a unique and engaging evening as we explore why this way of communicating is especially important in the lives of teenagers.



Tuesday, November 12, 7:00-8:30 pm
Youth Services, 3080 West Lake Avenue, Glenview

Open to parents, teenagers and professionals | Light refreshments will be served
Psychologists and Social Workers will receive 1 ½ hours of CE credit.

Program

- **The Stories We Tell and Their Meanings**
Michael Losoff, PhD, Director of Adolescent Services, Yellowbrick
- **Teens Speak out on Mental Health: What North Suburban teens have to say about authenticity, self-confidence and self-love**
Josefina Alvarez, PhD, President, Mental Health America North Shore
- **Stories of Pride: The importance of life stories in the LGBTQ community**
Lizzy Appleby, LCSW, Youth Program Manager, Youth Services
- **Questions and Discussion**

Sponsored by:

