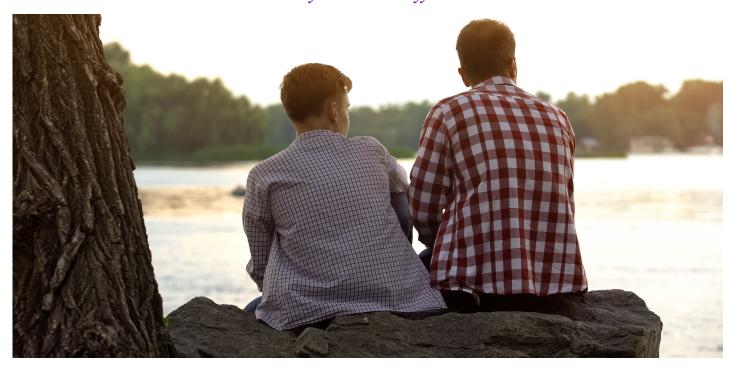
#### **CATCH SPEAKER SERIES**

## Talking to Teens About Suicide

Practical Tools & Ideas for More Effective Communication



## Thursday, December 5, 2019, 7pm-8pm Northbrook Public Library

**REGISTER:** 

https://www.northbrook.info/events/catch-speaker-series-how-talk-teens-about-suicide



### Speaker:

# Erica Leibrandt, LPC, RYT Ambre Associates, LLC

Talking to teens about suicide is one of the most challenging things we can imagine but also one of the most important topics we can embrace. Join licensed psychotherapist Erica Leibrandt as she gives a professional and personal perspective on this issue. You'll learn real life strategies to help improve communication with your teen.

Still to come... February 6, 2020

Love is Love: Supporting our LGBTQ Youth



