

# Talking to Teens About Suicide

*Practical Tools & Ideas for More Effective Communication*



**Thursday, December 5, 2019, 7pm-8pm**

**Northbrook Public Library**

REGISTER:

<https://www.northbrook.info/events/catch-speaker-series-how-talk-teens-about-suicide>

**Speaker:**

**Erica Leibrandt, LPC, RYT**

**Ambre Associates, LLC**



Talking to teens about suicide is one of the most challenging things we can imagine but also one of the most important topics we can embrace. Join licensed psychotherapist Erica Leibrandt as she gives a professional and personal perspective on this issue. You'll learn real life strategies to help improve communication with your teen.

**Still to come... February 6, 2020**

**Love is Love: Supporting our LGBTQ Youth**

[catchiscommunity@gmail.com](mailto:catchiscommunity@gmail.com)

[catchiscommunity.org](http://catchiscommunity.org)

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Community Action Together  
for Children's Health