



**The Alliance**  
FOR EARLY CHILDHOOD

, 7pm-8pm

The Carleton W. Washburne School 515 Hibbard Rd, Winnetka  
FREE AND OPEN TO THE PUBLIC

**PARENT PROGRAM with Jennifer Miller, M.Ed.**

How can you help your child deal with the big feelings that go along with daily routines and the major transitions of the early childhood years? And how can you deal with your own big feelings when your raw nerves are pressed? Jennifer Miller, M.Ed. will show you specific ways you can transform your toughest parenting moments into teachable ones. She'll share practical strategies and examples to offer specific take-home ideas to try right away.

Please visit our website to RSVP and for more information.

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