



Family Action Network (FAN) and the Glencoe PTO, in partnership with Evanston Township High School D202, Family Service of Winnetka-Northfield, the Glenview Education Foundation (GEF) and North Shore Academy present:

Richard Weissbourd, Ph.D.

Faculty member, Harvard University's School of Education and Kennedy School of Government
Author, *The Parents We Mean to Be: How Well-Intentioned Adults Undermine Children's Moral and Emotional Development*
Evanston Township High School Class of 1975

Thursday, October 24, 2013 -- TWO EVENTS!

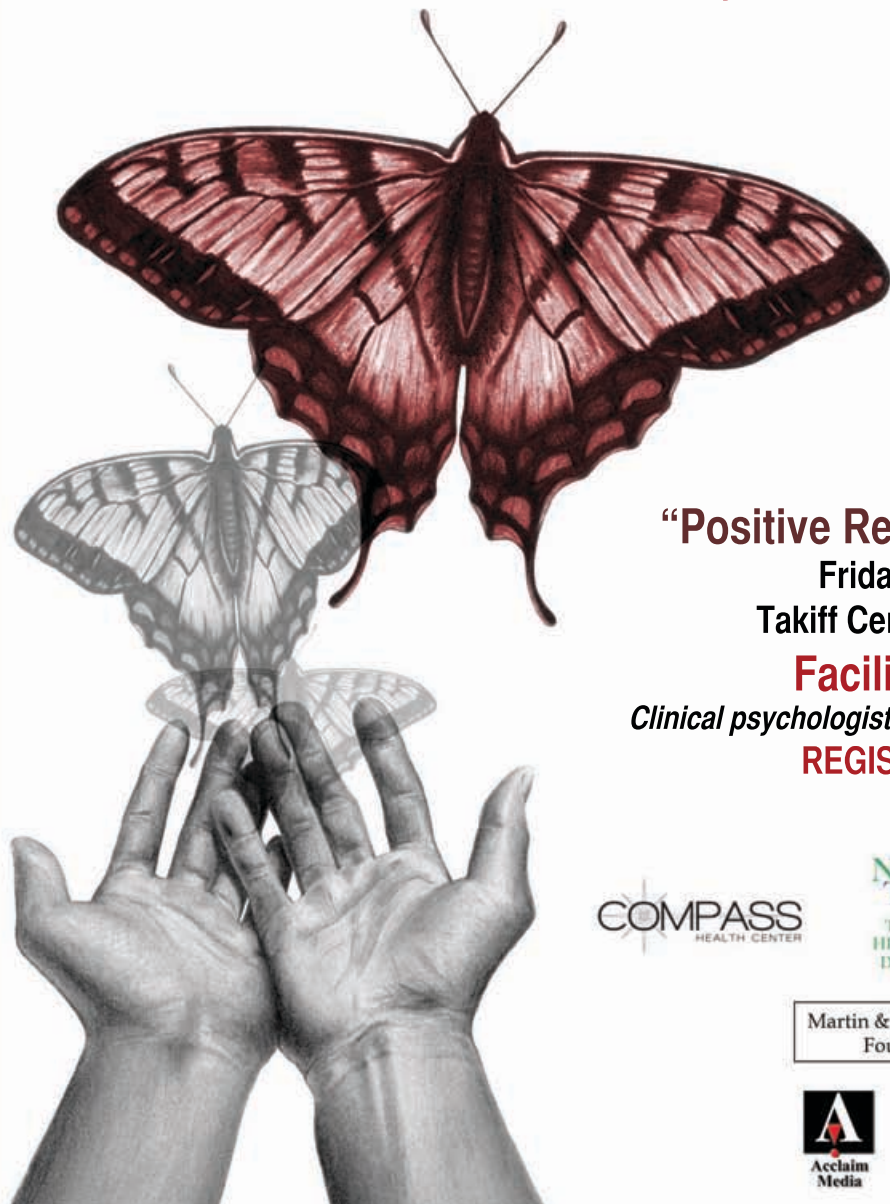
4:00 PM: "Promoting Moral Development in Schools"

7:00 PM: "Raising Happy, High Achieving - and Moral - Kids"

Central School, Misner Auditorium, 620 Greenwood Ave., Glencoe

Free and open to the public. CPDUs available.

INFO: familyactionnetwork.net



Next-Day Seminar!

"Positive Responses to Difficult Emotions"

Friday, October 25, 9:30-11:00 AM

Takiff Center, 999 Green Bay Rd., Glencoe

Facilitator: Mark Lynn, Ph.D.

Clinical psychologist, The Family Institute at Northwestern University

REGISTER: familyactionnetwork.net



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FOR IMMEDIATE RELEASE

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Thursday, October 24, 2013, Raising Happy, High Achieving - and Moral - Kids, 7:00 PM, Central School, Misner Auditorium, 620 Greenwood Ave., Glencoe, 60022. These days many of us as parents are very focused on our kids' happiness and achievements. But this intense focus on happiness and achievement – and the constant praising of kids that goes with it – can imperil the development of kids' moral capacities. What kinds of achievement pressure are constructive and what kinds are destructive? How can we raise children who are emotionally healthy, high achieving *and* moral – children who care about and take responsibility for others and think clearly about and pursue justice? **Richard Weissbourd, Ph.D.**, a child and family psychologist on the faculty of **Harvard University's Graduate School of Education** and **Kennedy School of Government**, has spent his career examining these issues in great detail. He is the author of the best-selling book *The Parents We Mean To Be: How Well-Intentioned Adults Undermine Children's Moral and Emotional Development*. In it, Dr. Weissbourd posits that too much parental focus on a child's happiness and achievement has eroded adult moral mentorship of children and teens. He states: "The reason many children in this country continually lack vital moral qualities is that we have failed to come to grips with the fundamental reality that we bring our selves to the project of raising a moral child. That makes being a parent or mentor a profound moral test, and learning to raise children well a profound moral achievement."

BONUS EVENT FOR EDUCATORS: Thursday, October 24, 4:00 PM, Promoting Moral Development in Schools, 4:00 PM, Central School, Misner Auditorium, 620 Greenwood Ave., Glencoe, 60022. How can schools inspire and teach children to be moral – to care about and take responsibility for others, to think clearly about and pursue justice, to sacrifice for important principles? In this session, Dr. Weissbourd will look at concrete strategies that schools can use – in an era of intense achievement pressure – to promote both morality and emotional resilience in students.

NEXT-DAY SEMINAR: Friday, October 25, 9:30-11:00 AM, Positive Responses to Difficult Emotions, Takiff Center, 999 Green Bay Rd., Glencoe, 60022 (RSVP). In this seminar, **Mark Lynn, Ph.D.**, will explore how parents are able to recognize and accept the emotions of anger, sadness and fear in their children, and how parents can coach their children to effectively manage, self-regulate and respond to these difficult emotions. Dr. Lynn is a clinical psychologist and fellow at **The Family Institute at Northwestern University**. Please register at <http://bit.ly/WeissbourdSeminar>

Sponsored by the **Family Action Network (FAN)** and the **Glencoe PTO**, in partnership with **Evanston Township HS D202, Family Service of Winnetka-Northfield, the Glenview Education Foundation (GEF), and North Shore Academy.** CPDUs available for education professionals. This program is free and open to the public. Visit www.familyactionnetwork.net for more information.

FAN is grateful for the support of its 2013-14 financial sponsors **Compass Health Center, New Trier High School D203, North Shore Community Bank, The Family Institute at Northwestern University, the Martin & Mary L. Boyer Foundation, and Tina & Byron Trott,** and our in-kind sponsors **Acclaim Media, The Book Stall at Chestnut Court, and Turing Group.**

