


ANXIETY AND PERFECTIONISM IN THE GIFTED CHILD

Tuesday, February 25 • 6:30 - 8:00pm



Many gifted students show a strong tendency towards perfectionism, which can further increase their anxiety and stress levels. Psychologist Dr. David N. Hunt and our school counselor Carolyn Manley will explore the difference between healthy ambition and unhealthy perfectionism. They will address the signs and symptoms of anxiety and teach parents strategies for helping children cope.

This event is free and open to the public.
Please RSVP at scienceandartsacademy.org/publicevents



David N. Hunt, Psy.D.



Dr. David N. Hunt is a practicing Clinical Psychotherapist and Director of Psychoeducation services at Advanced Behavioral Solution LLC in Schaumburg, Illinois. Dr. Hunt works extensively with children, adolescents, families, adults and the gifted population. He specializes in treating individuals with mood and anxiety disorders, ADHD, executive function deficits, learning disabilities, autism spectrum disorders, and more. Dr. Hunt is passionate about school advocacy and has spoken nationally on a range of topics. He earned both his doctoral and master's degrees from The Chicago School of Professional Psychology, a bachelor's in psychology from Saint Louis University, and an associate's degree from Holy Cross College.



Carolyn Manley, SAA School Counselor

Carolyn joined SAA in 2013 and has worked to build Social and Emotional Learning (SEL) concepts and frameworks into the curriculum and culture of the school. Carolyn works with students in individual, small group, and classroom settings, helping students build skills in areas like emotional management, stress management, self-awareness, and communication.

SCIENCE & ARTS ACADEMY

WHERE GIFTED CHILDREN THRIVE

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