



Family Action Network (FAN), in partnership with Family Service Center, Family Service of Glencoe, Haven Youth and Family Services, Jewish Center for Addiction at Jewish Child and Family Services, and North Shore Academy proudly present:

Preventable and Treatable: A Family Portrait David and Nic Sheff

David is the author of *Beautiful Boy: A Father's Journey Through His Son's Addiction* and *Clean: Overcoming Addiction and Ending America's Greatest Tragedy*

Nic Sheff, David's son and the subject of *Beautiful Boy*, is the author of *Tweak: Growing Up on Methamphetamines*

Wednesday, February 5, 2014
7:00 PM

New Trier HS/Winnetka, Gaffney Auditorium
385 Winnetka Ave., Winnetka

Free and open to the public. CPDUs available.

INFO: familyactionnetwork.net

Extending the Conversation: An Interactive Workshop

Alec Ross, LCSW

Family Service of Glencoe

Doug Bolton, Ph.D.

Principal, North Shore Academy

Thursday, February 6, 2014, 9:30-11:00 AM

Winnetka Community House

620 Lincoln Ave., Winnetka

RSVP: familyactionnetwork.net

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Wednesday, February 5, 2014, Preventable and Treatable: A Family Portrait, 7:00 PM, New Trier High School, Winnetka Campus, Gaffney Auditorium, 385 Winnetka Ave., Winnetka, 60093. The Family Action Network (FAN) returns to its mission's roots with a moving and provocative program featuring journalist **David Sheff**, author of the award-winning #1 *New York Times* bestseller *Beautiful Boy: A Father's Journey Through His Son's Addiction*, a recounting of Sheff's harrowing struggle to help his son Nic overcome his methamphetamine addiction, and *Clean: Overcoming Addiction and Ending America's Greatest Tragedy*. Co-presenting with Mr. Sheff will be his son **Nic Sheff**, author of two memoirs, *Tweak: Growing Up on Methamphetamines* and *We All Fall Down: Living with Addiction*. Together, the Sheffs will weave together their perceptions and experiences of Nic's addiction and their family's path through discovery, treatment, relapse and recovery. In an article for *The Fix*, Nic Sheff writes, "When I first read my father's memoir *Beautiful Boy*, I understood just how much my addiction was killing him. I promised myself I would never cause anyone that kind of pain again. But of course, life is never so simple."

Addiction is the worst problem in America – the cause of more deaths than any other non-natural cause, and most addicts start to use during adolescence. As FAN's November, 2013 speaker **Dan Siegel, MD** points out in his new book *Brainstorm*, most adolescents are curious and attracted to risk, and impulse control isn't fully developed. Biology, stress, and other pre-existing mental illnesses play key roles in developing addiction. In *Clean*, David Sheff offers a science-based paradigm for preventing drug abuse and treating addiction that is based on the principle that addiction is a disease, not a moral failing. While not curable, addiction is both preventable and treatable, but current systems fail addicts over and over again. The cycles of failed prevention, substance use and abuse, treatment, relapse, recovery, relapse and, for some, medical institutionalization or penal incarceration, are woeful evidence of a pressing need for a reexamination of the entire addiction ecosystem. Come join us for a powerful, informative evening of policy, science, love and hope.

BONUS WORKSHOP! Thursday, February 6, 2014, Extending the Conversation: An Interactive Workshop, 9:30-11:00 AM, Winnetka Community House, 620 Lincoln Ave., Winnetka, 60093 (RSVP). Join us for an interactive workshop led by **Al Ross, LCSW, Family Service Glencoe** and **Doug Bolton, Ph.D., Principal of North Shore Academy**. Discussion will focus on what parents can do if they know, suspect, or want to prevent their children's use and abuse of substances. RSVPs required at <http://bit.ly/SheffWorkshop>.

Sponsored by **Family Action Network (FAN)**, with **Family Service Center, Family Service of Glencoe, Haven Youth and Family Services, Jewish Center for Addiction at Jewish Child and Family Services, and North Shore Academy**. CEUs available at the Wednesday night event for LCSWs, LSWs, LPCs, and LCPs with registration at <http://bit.ly/SheffCEU>. CPDUs available for education professionals. Free and open to the public. Visit www.familyactionnetwork.net for more information. FAN is grateful for the support of its 2013-14 financial sponsors **Compass Health Center, Evanston Township High School D202, Evanston/Skokie D65, New Trier High School D203, North Shore Community Bank, North Suburban YMCA, Northbrook Citizens for Drug and Alcohol Awareness (NCDAA), The Family Institute at Northwestern University, the Martin & Mary L. Boyer Foundation, the Mammel Foundation, and Tina & Byron Trott**, along with our in-kind sponsors **Acclaim Media, The Book Stall at Chestnut Court, and Turing Group**.



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