



Family Action Network (FAN), in partnership with Beacon Academy, the ECGC Parent Committee at New Trier HS, Erika's Lighthouse, Family Service Center, Family Service of Glencoe, Family Service of Winnetka-Northfield, Highcrest Middle School, Links - North Shore Youth Health, National Alliance on Mental Illness - CCNS, North Shore Academy and Wilmette Junior High School proudly present:

# Dan Siegel, M.D. -- 3 Events!

*Clinical professor of psychiatry, UCLA School of Medicine; Co-Director, Mindful Awareness Research Center; Director, Mindsight Institute*

## Tuesday, November 12, 2013

**1:00 PM (clinicians): "Minding the Teenage Brain:**

**Adolescence as a Period of Opportunity and Vulnerability for Mental Health"**

New Trier HS/Northfield, Cornog Auditorium, 7 Happ Rd., Northfield

CEUs available at 1:00 PM event ONLY; pre-register at [familyactionnetwork.net](http://familyactionnetwork.net)

**4:00 PM (educators): "Educating the Adolescent Mind:**

**The Landscape of the Teenage Brain"**

Wilmette Junior High School Auditorium, 620 Locust Rd., Wilmette

**7:00 PM (community): "Brainstorm: The Power and Purpose of the Teenage Brain"**

New Trier HS/Northfield, Cornog Auditorium, 7 Happ Rd., Northfield

**Next-Day Workshop:**

**"Engaging Students in Their Learning:  
Identifying Strength-Based  
Approaches that Help Motivate"**

**Loren Deutsch, LCSW**

*Founder, Loren Academic Services*

*Member, Mindsight Colloquium, Los Angeles*

**Wednesday, Nov. 13, 2013**

**10-11:30 AM**

**The LOFT**

**990 Green Bay Rd., Ste. 9, Winnetka**

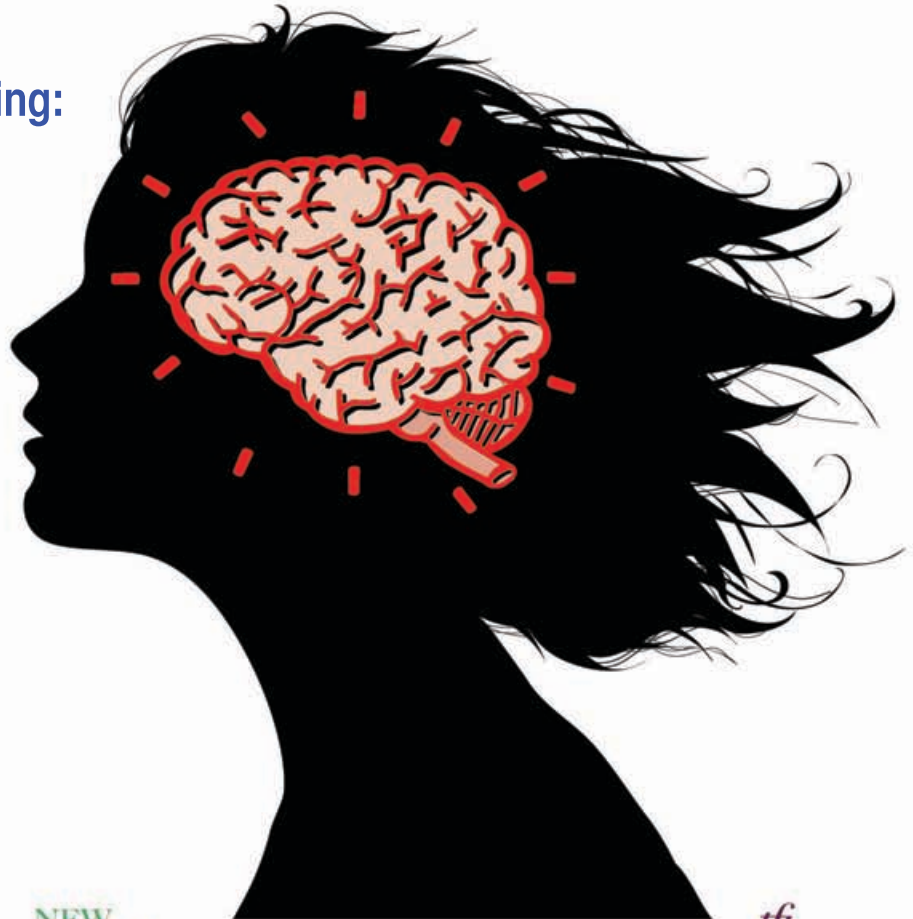
*Space is limited. Register at:*

*[familyactionnetwork.net](http://familyactionnetwork.net)*

**All events free and open to the public.**

**CPDUs available.**

**INFO: [familyactionnetwork.net](http://familyactionnetwork.net)**



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## FOR IMMEDIATE RELEASE

**CONTACT:** Dee Fortson, FAN Communications Chair, [jdfortson@sbcglobal.net](mailto:jdfortson@sbcglobal.net)

**Tuesday, November 12, 2013, Brainstorm: The Power and Purpose of the Teenage Brain, 7:00 PM, New Trier High School, Northfield Campus, Cornog Auditorium, 7 Happ Rd., Northfield, 60093.** In this presentation, renowned neuropsychiatrist **Dan Siegel, M.D.**, will reveal what science suggests is a new view of the teenage brain, one that posits 4 key traits of adolescence: emotional spark, social engagement, novelty seeking, and creative exploration. A major global figure in the field of mindfulness and human development, Dr. Siegel is clinical professor of psychiatry at the **UCLA School of Medicine**, where he is on the faculty of the **Center for Culture, Brain and Development** and the **Co-Director** of the **Mindful Awareness Research Center**. Dr. Siegel is the author of a new book on adolescence, *Brainstorm: The Power and Purpose of the Teenage Brain*.

**BONUS EVENT FOR CLINICIANS (1:00 PM):** Tuesday, November 12, Minding the Teenage Brain: Adolescence as a Period of Opportunity and Vulnerability for Mental Health, 1:00 PM, New Trier High School, Northfield Campus, Cornog Auditorium, 7 Happ Rd., Northfield, 60093. **NOTE: CEUs offered for clinicians at this event – visit <http://bit.ly/FANDanSiegel> to pre-register.** Dr. Siegel will explore the current scientific view of how changes in the teenage brain influence emotion, thought, decisions, behavior, and interpersonal relationships.

**BONUS EVENT FOR EDUCATORS (4:00 PM):** Tuesday, November 12, Educating the Adolescent Mind: The Landscape of the Teenage Brain, 4:00 PM, Wilmette Junior High School Auditorium, 620 Locust Rd., Wilmette, 60091. Dr. Siegel will provide an in-depth immersion into the nature of the adolescent mind and how changes in neural structure and function, along with bodily changes and cultural factors, influence the choice of pedagogic strategies to optimize learning.

**NEXT-DAY WORKSHOP:** Wednesday, November 13, Engaging Students in Their Learning: Identifying Strength-Based Approaches that Help Motivate, 10-11:30 AM, The LOFT, 990 Green Bay Rd., Winnetka, 60093. Lead by Loren Deutsch, LCSW, Founder, Loren Academic Services. Space is limited; register at [www.familyactionnetwork.net](http://www.familyactionnetwork.net)

Sponsored by the **Family Action Network (FAN)**, in partnership with **Beacon Academy** (opening fall of 2014), the **ECGC Parent Committee** at New Trier High School, **Erika's Lighthouse**, **Family Service Center**, **Family Service of Glencoe**, **Family Service of Winnetka-Northfield**, **Highcrest Middle School**, **Links – North Shore Youth Health**, **National Alliance on Mental Illness – Cook County Suburban North**, **North Shore Academy**, and **Wilmette Junior High School**. CPDUs available for education professionals. This program is free and open to the public. Visit [www.familyactionnetwork.net](http://www.familyactionnetwork.net) for more information.

FAN is grateful for the support of its 2013-14 financial sponsors **Compass Health Center**, **Evanston Township High School D202**, **New Trier High School D203**, **North Shore Community Bank**, **The Family Institute at Northwestern University**, the **Martin & Mary L. Boyer Foundation**, and **Tina & Byron Trott**, and our in-kind sponsors **Acclaim Media**, **The Book Stall at Chestnut Court**, and **Turing Group**.

