



Ready or Not: Preparing Our Kids to Thrive in an Uncertain and Rapidly Changing World Madeline Levine, Ph.D.

Clinical psychologist and *New York Times* bestselling author of *The Price of Privilege* and *Teach Your Children Well*

Tuesday, March 10, 2020, 7:00 PM
North Shore Country Day School Auditorium
310 Green Bay Rd., Winnetka, IL 60093

Presented by **Family Action Network (FAN)**,

in partnership with Beacon Academy, Compass Health Center, Family Service Center, Family Service of Glencoe, Fusion Academy, Haven Youth & Family Services, Kenilworth D38, Lake Forest Country Day School, Loyola Academy, New Trier Parents' Association, North Shore Country Day School, Rogers Park Montessori School, the School of Education and Social Policy at Northwestern University, Roycemore School, Science and Arts Academy, and The House Tutoring Lounge.

This event is #freeandopentothepublic and will be recorded. Suitable for youth 12+. familyactionnetwork.net

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FOR IMMEDIATE RELEASE: MADELINE LEVINE, Ph.D.

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Tuesday, March 10, 2020, 7:00 PM, Ready or Not: Preparing Our Kids to Thrive in an Uncertain and Rapidly Changing World, North Shore Country Day School Auditorium, 310 Green Bay Rd., Winnetka, IL 60093.

Increasingly, the world we know has become disturbing, unfamiliar, and even threatening. In the wake of uncertainty and rapid change, adults are doubling-down on the pressure-filled parenting style that pushes children to excel. Yet these daunting expectations, combined with the stress parents feel and unwittingly project onto their children, are leading to a generation of young people who are overwhelmed, exhausted, distressed—and unprepared for the future that awaits them. While these damaging effects are known, the world into which these children are coming of age is not. And continuing to focus primarily on grades and performance are leaving kids more ill-prepared than ever to navigate the challenges to come.

When her ground-breaking book *The Price of Privilege* came out in 2006, respected clinician **Madeline Levine, Ph.D.** was among the first to disseminate the research about the deficits created by parents giving kids of privilege too much of the wrong things and not enough of the right things. Continuing to address the mistaken notions about what children need to thrive in *Teach Your Children Well*, Dr. Levine tore down the myth that good grades, high test scores, and college acceptances should define the parenting endgame. In her highly anticipated follow-up ***Ready or Not: Preparing Our Kids to Thrive in an Uncertain and Rapidly Changing World***, she continues the discussion, showing how these same parenting practices, combined with a desperate need to shelter children from discomfort and anxiety, are setting future generations up to fail spectacularly.

Using the latest developments in neuroscience and epigenetics, as well as extensive research gleaned from captains of industry, entrepreneurs, military leaders, scientists, academics, and futurists, Dr. Levine identifies the skills that children need to succeed in a tumultuous future: adaptability, mental agility, curiosity, collaboration, tolerance for failure, resilience, and optimism. Most important, Levine offers day-to-day solutions parents can use to raise kids who are prepared, enthusiastic, and ready to face an unknown future with confidence and optimism.

In addition to her clinical practice and work as a consultant, educator, and speaker, Dr. Levine is a cofounder of Challenge Success, a project of the Stanford Graduate School of Education that provides families and schools with the practical, research-based tools they need to create a more balanced and academically fulfilling life for kids.

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