

SPECIAL SCREENING

CATCH along with Rogers Behavioral Health and Fusion Academy
present

an **IndieFlix**
ORIGINAL production

LIKE

A DOCUMENTARY ABOUT THE IMPACT OF SOCIAL MEDIA ON OUR LIVES

Thursday, March 5, 2020

7pm-8pm

Northbrook Public Library

More than 2 billion people have smartphones today. And we check our devices on average an incredible 150 times every day. Technology makes our lives easier in so many ways - but what is the cost of our dependence, and our children's reliance, on screens? **LIKE** reveals the true effects of technology on the brain and uncovers the impact social media can have on our lives. The film's mission is to educate, inform, and inspire people to effectively self-regulate their screen time.

The **LIKE** screening will be followed by a panel discussion.

Register: <https://visit.northbrook.info/event/3852377>

ROGERS
Behavioral Health

fusion
A REVOLUTIONARY WAY TO SCHOOL

Still to come... April 1, 2020: Dr. John Duffy
Parenting the New Teen in the Age of Anxiety

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