



2020-2021

Infant / Early Childhood Mental Health Consultation

Educator Programs

2020, With the pandemic of COVID-19, it has been an unprecedented year for our country and the world, schools and systems, and families and children. While the prescription for our physical health is "physical distance" our mental health needs connection and closeness to thrive. **Educators** have been left especially vulnerable, as they navigate their own stress and concerns while modeling, teaching and caring for the social and emotional development of everyone who walks through their school doors.

The Alliance for Early Childhood Invites Member Schools to Attend

Ongoing relational, strengths-based support, to address the whole educator so she in turn can address the whole child. **Programming facilitated by Molly Pope**, I/ECMHC Parent Coach, and Speaker and Trainer. *Registration Required for all events. Please visit our website to learn more.*

Preschool Directors' Reflective Practice Group *11/4, 1/13, 3/3, 4/14, 1-2pm

> Educator Reflective Practice Groups *11/17, 12/15, 1/12, 2/23, 4/13, 4-5pm Register Here

Embracing What Counts: Professional Learning Series for Educators

11/5, 2/11, 7-8pm

*Limited capacity and must commit to all offered sessions

www.theallianceforec.org

What Are Reflective Practice Groups?

A supportive forum to help practitioners:

- develop their professional resilience
- critically engage with their practice
- review their actions and decision-making processes
- reflect on their learning.





Molly Pope Infant and Early Childhood Mental Health Consultant, Parent Coach, and Speaker and Trainer

Molly Pope has been working with early childhood and elementary age children for over 15 years as a school psychologist. Using a neurodevelopmental relationship-based approach, she works with teachers, parents, and administrators to help build connected relationships and supportive learning environments for children. She currently provides mental health consultation to preschools and child care settings, as well as parent coaching and education. Her work is guided by the "Diversity-Informed Tenets for Work with Infants, Children, and Families", which emphasize inclusion, equity and diversity in all settings. She lives in Evanston with her husband, two sons, and pets.

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