



# Range: Why Generalists Triumph in a Specialized World

## David Epstein

*New York Times* best-selling author of *Range* and *The Sports Gene*.

### Interviewer: Joy Hurd

Head of Lake Forest Country Day School.

**Wednesday, October 21, 2020, 7:00 PM Central**  
**[www.bit.ly/EpsteinFANWebinar](http://www.bit.ly/EpsteinFANWebinar)**

Presented by **Family Action Network (FAN)** and Lake Forest Country Day School, in partnership with Beacon Academy, Catherine Cook School, Chiaravalle Montessori School, Compass Health Center, Countryside Day School, Evanston Township High School D202, Family Service Center, Foundation 65, Loyola Academy, Mindful Psychology Associates, New Trier High School D203, North Shore Country Day School, Pope John XXIII School, Regina Dominican High School, Roycemore School, the School of Education and Social Policy at Northwestern University, Science and Arts Academy, Stevenson High School D125, The Alliance for Early Childhood, The Family Institute at Northwestern University, Wintrust Bank, and Woodlands Academy.

This event is #freeandopentothepublic, The recording will be available only to those who register for the event. Suitable for youth 12+ [familyactionnetwork.net](http://familyactionnetwork.net)

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**FOR IMMEDIATE RELEASE: DAVID EPSTEIN**

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**Wednesday, October 21, 2020, 7:00-8:00 PM, Range: Why Generalists Triumph in a Specialized World, a FAN Webinar feat. David Epstein. Interviewer: Joy Hurd. REGISTER: [www.bit.ly/EpsteinFANWebinar](http://www.bit.ly/EpsteinFANWebinar)**

What's the most effective path to success in any domain? In his most recent book *Range: Why Generalists Triumph in a Specialized World*, David Epstein (FAN '16) examines the world's most successful athletes, artists, musicians, inventors, forecasters and scientists. He discovered that in most fields—especially those that are complex and unpredictable—generalists, not specialists, are primed to excel. Generalists often find their path late, and they juggle many interests rather than focusing on one. They're also more creative, more agile, and able to make connections their more specialized peers can't see.

*Range* is a provocative, compelling book that has been lauded by past FAN speakers Susan Cain (FAN '13), Adam Grant, Ph.D. (FAN '14 and '16), and Dan Pink (FAN '18). Mr. Epstein makes a compelling case for actively cultivating inefficiency. Sharing fascinating examples from the career trajectories of Duke Ellington and Roger Federer to a preeminent CEO who took her first job around the age her peers were retiring, he shows that at every stage of life, from the development of children in math, music and sports to students fresh out of college trying to find their way, to midcareer professionals in need of a change and would-be retirees looking for a new vocation after moving on from their previous one — generalists triumph as the world around them becomes increasingly specialized.

Mr. Epstein is a *New York Times* best-selling author and science writer focused on uncovering the keys to achieving high performance in any domain, and to debunk popular myths along the way. In his 2016 FAN talk, he discussed his *New York Times* best-seller, *The Sports Gene*, exploring the surprising science of extraordinary athletic performance.

Mr. Epstein will be interviewed by **Joy Hurd**, the Head of **Lake Forest Country Day School** in Lake Forest, IL. Mr. Hurd previously served as Director of the Upper School (grades 7-9) at the Buckley School, a K-9 school for boys in Manhattan. He has also taught at St. Peter's Prep (NJ), St. Bernard's School, and Riverdale Country School. He sits on the board of the Academy for Teachers, an organization dedicated to honoring and supporting teachers in and around New York City, and on the advisory board of the Paideia Institute for Humanistic Study, which promotes the study and appreciation of the classical humanities.

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