

Join CATCH for an evening of:

Healing & Understanding After Suicide

Sunday, January 17th @ 5 p.m.
via Zoom

Parents are invited to gather virtually with Erica Leibrandt, LCPC, RYT, Sound Mind Counseling, who will gently guide our community through the pain and confusion we all are feeling following the sudden death of a GBN student.

Erica understands, personally, the complex emotions surrounding suicide. She will help us grasp how best to talk with our children about their feelings and guide us in understanding teen depression and suicide.



REGISTER

The days and weeks ahead will be challenging for all of us, especially our children, so let's come together to learn and heal.



catchiscommunity.org