



***Trauma and Teens:
Understanding the Impact on
Learning and Relationships***

presented by **Beth Holzhauer**

**Friday, March 5, 2021
9:00-10:30am**

REGISTER NOW!

Trauma negatively impacts the developmentally sensitive brains and bodies of teens, affecting learning, relationships, and lifelong health. Consistent, predictable, safe, and nurturing relationships have the power to heal these traumatic injuries by promoting neuroplasticity and neuronal growth and restoring the body's natural chemical balance. Within caring communities, dignity and belonging are also reestablished.

Objectives:

- Understand how the physiological and neurological effects of trauma interfere with learning.
- Recognize how the survival strategies and adaptations to trauma impact relationships with family, friends, and educators.
- Appreciate the power of safe, nurturing relationships to relieve suffering, and to stimulate new growth and healing.

This program is intended for parents, guardians, and educators working with teens. All are welcome.

There will be Q and A following the presentation

**Webinar link will be emailed to all registered participants on Thursday, March 4th.
This program will be recorded.**

Share this flyer with a friend.

For more information, contact Nancy Seiler at nseiler@wolcottschool.org.

For over 25 years, **Beth Holzhauer, LCSW**, has humbly companioned adults, emerging adults, adolescents and pre-teens through life's ordinary and traumatic challenges towards growth and healing. She specializes in the treatment of childhood trauma, traumatic loss and grief, self-harm, eating disorders, adoption, and working with individuals on the LGBTQIA spectrum. She provides clinical consultation and supervision, and presents on the topics of self-injury, working with sexual and gender minority youth, and the impact of childhood trauma on learning and development. Beth is an adjunct faculty member for the Trauma Consultation Program at WomenCare Counseling and Training Center in Evanston, where she currently practices as a Senior Therapist.

The **Tyree Institute at Wolcott College Prep** provides outreach programming on adolescent development, educational practices, and learning differences as well as educational services, including psycho-educational testing and college counseling.

For more information about educational services, contact Linda Jamrozy at ljamrozy@wolcottschool.org. visit us at wolcottcollegeprep.org