

Resilience: Supporting Youth through COVID and Beyond

A Panel Presentation and Discussion

Wednesday, May 19, 2021
7:00 to 8:30 PM, Central Time

On Zoom



Hosted by:

NAMI Cook County North Suburban

Please join us for an important consideration of resilience in youth and how to support it. We will begin with a brief presentation of findings from the 2020 MHANS Essay and Multimedia contest on resilience. Following will be an engaging panel discussion exploring several perspectives on how resilience is experienced and how it can be supported in youth during this confusing and challenging time.

Register In Advance for this Free Webinar:

https://us02web.zoom.us/webinar/register/WN_4yJ0HLtJQWGf9re4AW2n0w

After registering, you will receive a confirmation email containing information about joining the webinar.

Moderator:

Christine Somervill, PhD, Director of Programs,
National Alliance on Mental Illness
Cook County North Suburban

Panelists:

Josefina Alvarez, PhD, Board President,
Mental Health America of the North Shore

Chrissy Dale, Head of School,
Fusion Academy Evanston

Michael Losoff, PhD,
Director of Professional Development, Yellowbrick

Susan Jacobson, Teacher,
NAMI Cook County North Suburban

Stephanie Kambourov,
Student at Maine West High School,
Mental Health America-North Shore
Youth Advisory Board Member

Cavin Pelligrino, Student at Michigan State University
(New Trier High School graduate)

Co-sponsors:

