



## Life Is in the Transitions: Mastering Change at Any Age

### Bruce Feiler

Author of seven *New York Times* bestsellers, including *Life Is in the Transitions*, *The Secrets of Happy Families*, and *The Council of Dads*.

### Rabbi Steven Stark Lowenstein

Senior Rabbi, Am Shalom, Glencoe, IL.

**Thursday, September 9, 2021, 7:00 PM Central**

**[www.bit.ly/FeilerFANWebinar](http://www.bit.ly/FeilerFANWebinar)**

**PLUS: After-Hours Event!**

Purchase a copy of *Life Is In the Transitions* from FAN's partner bookseller The Book Stall to receive a link to an interactive "After-Hours" event hosted by Mr. Feiler. Details on the webinar registration page.

Presented by **Family Action Network (FAN)**, in partnership with

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This event is #freeandopentothepublic and will be recorded. Suitable for youth 12+ [familyactionnetwork.net](http://familyactionnetwork.net)

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**FOR IMMEDIATE RELEASE: BRUCE FEILER**

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**Thursday, September 9, 2021, 7:00-8:00 PM, Life Is in the Transitions: Mastering Change at Any Age, a FAN webinar featuring Bruce Feiler, in conversation with Rabbi Steven Stark Lowenstein.**

**REGISTER:** [www.bit.ly/FeilerFANWebinar](http://www.bit.ly/FeilerFANWebinar).

**BONUS AFTER-HOURS EVENT:** Attendees who purchase a copy of *Life Is in the Transitions* from FAN's partner bookseller The Book Stall are invited to attend an AFTER-HOURS event hosted by Mr. Feiler that will start immediately after the webinar. Details on the webinar registration page.

Our personal narratives help shape us. Each of us carries around an unspoken set of assumptions that dictate how we expect our lives will unfold. But when those assumptions don't hold true, when our lives don't take the linear paths we've envisioned and counted on, where does that leave us? Galvanized by a personal crisis and family emergency, *New York Times* bestselling author of *The Secrets of Happy Families* and *Council of Dads* **Bruce Feiler** decided to find out why so many of us feel that our lives are being disrupted and upended. *Life Is in the Transitions: Mastering Change at Any Age* is a pioneering study of the disruptions upending contemporary life and a bold guide for how to navigate life's growing number of transitions with more meaning, balance, and joy.

To better understand how we find the meaning of our lives, Mr. Feiler set out on an epic journey to listen to life stories and learn from them. He traveled across the country, collecting hundreds of stories from a breathtaking range of Americans in all 50 states. He then sifted through and coded these stories, building a massive database of patterns and lessons that can help all of us live better. The takeaway from Mr. Feiler's "Life Story Project" boiled down to this: The linear life — the idea that we'll have one career, one marriage, one source of happiness — is dead.

*Life Is in the Transitions* introduces the fresh, pressing vision of the nonlinear life, in which personal disruptions and lifequakes are becoming more plentiful, nontraditional life shapes are becoming the norm, and each of us has the opportunity to embrace change as transformational. Drawing on an extraordinary trove of insights, Mr. Feiler illustrates that life transitions are a skill we can and must master and he offers a powerful, new transition toolkit with original strategies for coping with the difficult, painful, or unsettling times of life.

Mr. Feiler will be in conversation with **Rabbi Steven Stark Lowenstein**, who began his tenure as Senior Rabbi at Am Shalom in Glencoe, IL in 2002.

This event suitable for youth 12+. It will be recorded and available later on our website and YouTube channel.

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