



## The Awakened Brain: The New Science of Spirituality and Our Quest for An Inspired Life Lisa Miller, Ph.D.

Professor in the clinical psychology program at Teachers College, Columbia University, and author, *The Spiritual Child* and *The Awakened Brain*.

## Steven Rockefeller, Ph.D.

Professor emeritus of religion at Middlebury College and trustee of the Rockefeller Brothers Fund.

**Tuesday, November 2, 2021, 7:00 PM Central**

**[www.bit.ly/MillerFANWebinar](http://www.bit.ly/MillerFANWebinar)**

**PLUS: After-Hours Event!**

Purchase a copy of *The Awakened Brain* from FAN's partner bookseller The Book Stall to receive a link to an interactive "After-Hours" event hosted by Miller. Details on the webinar registration page.

Presented by **Family Action Network (FAN)**, in partnership with  
Beacon Academy, Christ Church Winnetka, Compass Health Center, Lake Michigan Association of Independent Schools, Loyola Academy, New Trier High School D202, New Trier Parents' Association, Roycemore School, Sacred Heart Schools, Science & Arts Academy, Stevenson High School D125, and Woodlands Academy.

This event is #freeandopentothepublic and will be recorded. Suitable for youth 12+ [familyactionnetwork.net](http://familyactionnetwork.net)

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**FOR IMMEDIATE RELEASE: LISA MILLER, Ph.D.**

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**Tuesday, November 2, 2021, 7:00-8:00 PM, [The Awakened Brain: The New Science of Spirituality and Our Quest for An Inspired Life](#), a FAN webinar featuring Lisa Miller, Ph.D., in conversation with Steven Rockefeller, Ph.D.**

**REGISTER:** [www.bit.ly/MillerFANWebinar](http://www.bit.ly/MillerFANWebinar).

**BONUS AFTER-HOURS EVENT:** Attendees who purchase a copy of *The Awakened Brain* from FAN's partner bookseller The Book Stall are invited to attend an AFTER-HOURS event hosted by Miller that will start immediately after the webinar. Details on the webinar registration page.

Whether it's meditation or a walk in nature, reading a sacred text or saying a prayer, there are many ways to tap into a heightened awareness of the world around you and your place in it. In *The Awakened Brain: The New Science of Spirituality and Our Quest for An Inspired Life*, psychologist **Lisa Miller, Ph.D.** shows you how.

Weaving her own deeply personal journey of awakening with her groundbreaking research, Prof. Miller's book reveals that humans are universally equipped with a capacity for spirituality, and that our brains become more resilient and robust because of it. For leaders in business and government, truth-seekers, parents, healers, educators, and any person confronting life's biggest questions, *The Awakened Brain* combines cutting-edge science (from MRI studies to genetic research, epidemiology, and more) with on-the-ground application for people of all ages and from all walks of life, illuminating the surprising science of spirituality and how to engage it in our lives.

Prof. Miller is the *New York Times* bestselling author of *The Spiritual Child* and a professor in the clinical psychology program at Teachers College, Columbia University. She is the founder and director of the Spirituality Mind Body Institute, the first Ivy League graduate program in spirituality and psychology, and she has held over a decade of joint appointments in the department of psychiatry at Columbia's medical school. Her innovative research has been published in more than one hundred empirical, peer-reviewed articles in leading journals, including *Cerebral Cortex*, *The American Journal of Psychiatry*, and the *Journal of the American Academy of Child and Adolescent Psychiatry*.

Prof. Miller will be in conversation with **Steven Rockefeller, Ph.D.**, professor emeritus of religion at Middlebury College, trustee of the Rockefeller Brothers Fund, and author and essayist. Over the past 25 years, Prof. Rockefeller has played a leading role in the drafting and promotion of the Earth Charter, which is a declaration of global interdependence with fundamental principles for building a just, sustainable, and peaceful world.

This event suitable for youth 12+. It will be recorded and available on our website and YouTube channel.

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