



# Fourteen Talks by Age Fourteen: The Essential Conversations You Need to Have with Your Kids Michelle Icard

Speaker, educator, and author of Middle School Makeover and Fourteen Talks by Age Fourteen.

### Heidi Stevens

Creative director, Parent Nation at the University of Chicago's TMW Center for Early Learning + Public Health, and syndicated columnist.

## Monday, January 24, 2022, 7:00 PM Central www.bit.ly/lcardFANWebinar

### **PLUS: After-Hours Event!**

Purchase a copy of Fourteen Talks by Age Fourteen from FAN's partner bookseller The Book Stall to receive a link to an interactive "After-Hours" event hosted by Icard and Stevens. Details on the webinar registration page.

#### Presented by Family Action Network (FAN), in partnership with

Baker Demonstration School, Beacon Academy, Bennett Day School, Catherine Cook School, Chiaravalle Montessori School, Christ Church Winnetka, Compass Health Center, Countryside Day School, Edgewood Middle School PTO, Family Service Center, Family Service of Glencoe, Foundation 65, Fusion Academy, Glencoe D35, Haven Youth and Family Services, Highland Park Public Library, Highwood Public Library and Community Center, Hyde Park Day School, Kenilworth D38, Lake Bluff D65, Lake Forest Country Day School, Lake Forest D67, Lake Michigan Association of Independent Schools, Latin School of Chicago, Loyola Academy, Mindful Psychology Associates, Near North Montessori School, New Trier High School D203, New Trier Parents' Association, North Shore Country Day, Pope John XXIII School, Regina Dominican High School, Rogers Park Montessori School, Roycemore School, Sacred Heart Schools, School of Education and Social Policy at Northwestern University, Science & Arts Academy, Spirit of 67, St. Athanasius School, Stevenson High School D125, The Alliance for Early Childhood, The Avery Coonley School, The Family Institute at Northwestern University, and University of Chicago Laboratory Schools Parents' Association.

This event is #freeandopentothepublic and will be recorded. Suitable for youth 12+ familyactionnetwork.net

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FOR IMMEDIATE RELEASE: MICHELLE ICARD

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Monday, January 24, 2022, 7:00-8:00 PM, Fourteen Talks by Age Fourteen: The Essential Conversations You Need to Have with Your Kids, a FAN webinar featuring Michelle Icard, in conversation with Heidi Stevens.

BONUS AFTER-HOURS EVENT: Attendees who purchase a copy of Fourteen Talks by Age Fourteen from FAN's partner bookseller The Book Stall are invited to attend an AFTER-HOURS event hosted by Icard and Stevens that will start immediately after the webinar. Details on the webinar registration page.

#### REGISTER: www.bit.ly/lcardFANWebinar.

Trying to convince a middle schooler to listen to you can seem like a herculean task. At times, it can even feel like the best option is to avoid talking! But keeping kids safe and prepared is all about having the right conversations at the right time. And from a brain growth and emotional readiness perspective, there's no better time for this than during their tween years right up to when they enter high school.

In Fourteen Talks by Age Fourteen: The Essential Conversations You Need to Have with Your Kids Before They Start High School, speaker, author, and educator Michelle Icard distills her decades of experience working with families to address those big, thorny topics, including friendship, sexuality, impulsivity, and technology as well as unexpected conversations about creativity, hygiene, money, privilege, and contributing to the family.

lcard is a member of the TODAY show parenting team and NBC News Learn. The author of Middle School Makeover, her work has been featured in the Washington Post, Chicago Tribune, The Christian Science Monitor, Redbook, Time, and People.

Icard will be in conversation with Heidi Stevens, the creative director for Parent Nation, a new initiative at the University of Chicago's TMW Center for Early Learning + Public Health. Prior to joining Parent Nation, Stevens worked at the Chicago Tribune for 23 years, where she wrote a daily column called "Balancing Act." She was awarded the Anne Keegan Award for Distinguished Journalism in 2018. Stevens maintains a nationally syndicated column once a week.

This event suitable for youth 12+. It will be recorded and available on our website and YouTube channel.

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