



CATCH: COMMUNITY ACTION TOGETHER FOR CHILDREN'S HEALTH

Lunch & Learn

New Series: Take an hour for yourself!

Your Child's Mental Health & Family Dynamics

Wednesday, February 23 @ 12pm-1pm

VIA ZOOM

Mental illness can make family life difficult.
Join us and learn how to talk openly about mental health
and address the challenges so that everyone thrives.



Featuring

Kelly Scafidi

MSW, LCSW, DT
SOUND MIND COUNSELING

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Community Action Together
for Children's Health