



# GRAND ROUNDS! Reinventing the Mental Health System: Where to Repair and Where to Build

## Thomas Insel, MD

Former director of the National Institute of Mental Health, 2002-2015. Co-founder of Mindstrong Health and founder of Humanest Care.

## Rhonda Robinson Beale, MD

Deputy Chief Medical Officer for Mental Health Services, UnitedHealth Group.

## David Schreiber, MD

CEO and Co-Founder of Compass Health Center and Compass Virtual.

**Friday, May 20, 2022, 12:00 PM Central**

**[www.bit.ly/InselGR](http://www.bit.ly/InselGR)**

**1.0 CEUs for licensed clinicians.**

**AND: A book giveaway for clinicians, sponsored by Compass Health Center!**

**Details on Zoom registration page.**

**NOTE: Grand Rounds event is open to all.**

Presented by **Family Action Network (FAN)** and **Compass Health Center**, in partnership with

Christ Church Winnetka, Evanston Scholars, Evanston Township High School D202, Family Service Center, Glencoe D35, Haven Youth and Family Services, Kenilworth D38, Lake Bluff D65, Lake Forest Country Day School, Lake Michigan Association of Independent Schools, Loyola Academy, Mindful Psychology Associates, Near North Montessori School, New Trier High School D203, New Trier Parents' Association, North Shore Country Day, Pope John XXIII School, Regina Dominican High School, Roycemore School, School of Education and Social Policy at Northwestern University, Science & Arts Academy, Stevenson High School D125, The Alliance for Early Childhood, The Avery Coonley School, University of Chicago Laboratory Schools Parents' Association, Woodlands Academy, and Youth & Opportunity United (Y.O.U.).

This event is #freeandopentothepublic. Suitable for youth 12+

[familyactionnetwork.net](http://familyactionnetwork.net)

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**FOR IMMEDIATE RELEASE: THOMAS INSEL, MD, RHONDA ROBINSON BEALE, MD, and DAVID SCHREIBER, MD.**  
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Friday, May 20, 2022, 12:00-1:00 PM, **GRAND ROUNDS: Reinventing the Mental Health System: Where to Repair and Where to Build**, a FAN webinar featuring Thomas Insel, MD, Rhonda Robinson Beale, MD, and David Schreiber, MD.

***BONUS BOOK GIVEAWAY!*** *Compass Health Center is giving away copies of Healing: Our Path from Mental Illness to Mental Health to qualified clinicians. All details on the webinar registration page. THANK YOU to Compass Health Center for their generous financial support of the giveaway!*

**REGISTER:** [www.bit.ly/InselGR](http://www.bit.ly/InselGR)

In this 60-minute, 1-credit CEU virtual event, participants will learn about gains being made through medical and technological advances and the ways our mental health care system can improve the delivery of care. Expert perspectives will focus on where we have advanced and fallen short when it comes to access, parity, outcomes, partnerships, and innovation. Panelists will discuss several topics, including the increase in suicide rates; access; outcomes; the impact of the pandemic on mental health; and the provider, payor, government, and patient partnership. Participants will discuss the challenges facing the mental health care system but also how the system can work together to reinvent itself. The panelists will lend their expertise and opinion on access to quality behavioral health care—where the industry has advanced and where it has fallen short. Attendees walk away knowing the challenges and how we can overcome them, and how government, value-based care, providers, payers, and technology all fit together to create a partnership that will help those in need live healthier lives.

#### **PANELISTS:**

A psychiatrist and neuroscientist, **Thomas Insel, MD** is the author of the 2022 book *Healing: Our Path from Mental Illness to Mental Health*. From 2002-2015, he served as Director of the NIMH. More recently, he led the Mental Health Team at Verily (formerly Google Life Sciences); co-founded Mindstrong Health, a digital mental health company for people with serious mental illness; and launched Humanest Care, a therapeutic online community for recovery.

**Rhonda Robinson Beale, MD** is a seasoned healthcare executive with over 30 years of experience in health care systems, managed care, and quality improvement in behavioral health and medical care. She is the Deputy Chief Medical Officer for Mental Health Services within UnitedHealth Group.

**David Schreiber, MD**, is a child, adolescent, and adult psychiatrist and the CEO and co-founder of Compass Health Center (CHC) and Compass Virtual. CHC is the largest provider of intensive non-hospital based psychiatric care in Illinois. CHC's mission is to create safe and caring environments that improve access to treatment, keep people at home and out of higher level of care (e.g., emergency department and inpatient or residential facilities), and attain better outcomes.

This event suitable for youth 12+. It will be recorded and available on our website and YouTube channel.

*Sponsored by Family Action Network (FAN) and Compass Health Center, in partnership with Christ Church Winnetka, Evanston Scholars, Evanston Township High School D202, Family Service Center, Glencoe D35, Haven Youth and Family Services, Kenilworth D38, Lake Bluff D65, Lake Forest Country Day School, Lake Michigan Association of Independent Schools, Loyola Academy, Mindful Psychology Associates, Near North Montessori School, New Trier High School D203, New Trier Parents' Association, North Shore Country Day, Pope John XXIII School, Regina Dominican High School, Roycemore School, School of Education and Social Policy at Northwestern University, Science & Arts Academy, Stevenson High School D125, The Alliance for Early Childhood, The Avery Coonley School, University of Chicago Laboratory Schools Parents' Association, Woodlands Academy, and Youth & Opportunity United (Y.O.U.).*