

Bringing Rituals & Routines to Your Parenting



Less Stress + More Calm = Happy Families



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SEPTEMBER 29, 7-8PM
VIRTUAL PROGRAM REGISTER HERE

Part of The Alliance for Early Childhood's Virtual Parent Series: **The Heart** of Parenting

Our busy family schedules become more stressful when our kids are having a hard time. Learn simple rituals and every day routines to help parents who are short on time and energy to connect with their children AND help children feel seen and loved.

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