







Parenting Through Community Trauma

Thursday, August 25, 12pm-1pm

Returning to school this fall may present challenges for many in the aftermath of the Highland Park shooting. Michelle Magida, LCPC, is an experienced therapist and mother of two who will warmly guide us through the complexities of parenting through trauma as we send our kids back to class.



Featured Speaker:

MICHELLE MAGIDA

Licensed Clinical Professional Counselor Founder, <u>Therapy Etc.</u>

CATCH Lunch and Learns are supported by a generous grant from the Northbrook Woman's Club.

