



Behind Their Screens: What Teens are Facing (and Adults are Missing) Carrie James, Ph.D. and Emily Weinstein, Ed.D.

Researchers at Project Zero at Harvard University's Graduate School of Education. Co-authors, *Behind Their Screens*.

Merve Lapus

Vice President of Education Outreach & Engagement at Common Sense Media.

Tuesday, September 20, 2022, 7:00 PM Central (on Zoom)

Register: www.bit.ly/JWFANWebinar

PLUS: After-Hours Event!

Purchase a copy of *Behind Their Screens* from FAN's partner bookseller The Book Stall to receive a link to an interactive "After-Hours" event hosted by Dr. James, Dr. Weinstein, and Mr. Lapus.

Presented by **Family Action Network (FAN)**, in partnership with

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This event is #freeandopentothepublic and will be recorded. Suitable for youth 12+ familyactionnetwork.net

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FOR IMMEDIATE RELEASE: CARRIE JAMES, Ph.D. and EMILY WEINSTEIN, Ed.D. – ON ZOOM

CONTACT: Lonnie Stonitsch, Executive Director of FAN, lonnie@familyactionnetwork.net

Tuesday, September 20, 2022, 7:00-8:00 PM, Behind Their Screens: What Teens are Facing (and What Adults are Missing), a FAN webinar featuring Carrie James, Ph.D. and Emily Weinstein, Ed.D., in conversation with Merve Lapus.

REGISTER: www.bit.ly/JWFANWebinar.

BONUS AFTER-HOURS EVENT: Attendees who purchase a copy of *Behind Their Screens* from FAN's partner bookseller The Book Stall are invited to attend an AFTER-HOURS event hosted by Dr. James, Dr. Weinstein, and Mr. Lapus that will start immediately after the webinar. Details on the webinar registration page.

In *Behind Their Screens: What Teens are Facing (and Adults are Missing)*, Emily Weinstein, Ed.D. and Carrie James, Ph.D., researchers at Project Zero at Harvard University's Graduate School of Education who are experts on teens and technology, explore the complexities that teens face in their digital lives, and suggest that many adult efforts to help—"Get off your phone!" "Just don't sext!"—fall short.

Drs. Weinstein and James, whose work has been covered in *Time*, *The Boston Globe*, *The Washington Post*, and *The Atlantic*, warn against a single-minded focus by adults on screen time. Teens worry about dependence on their devices, but disconnecting means being out of the loop socially, with absence perceived as rudeness or even a failure to be there for a struggling friend.

Drawing on a multiyear project that surveyed more than 3,500 teens, the authors explain that young people need empathy, not exasperated eye-rolling. Adults should understand the complicated nature of teens' online life rather than issue commands, and they should normalize—let teens know that their challenges are shared by others—without minimizing or dismissing.

Drs. James and Weinstein will be in conversation with **Merve Lapus**, vice president of education outreach and engagement at Common Sense Media.

This event suitable for youth 12+. It will be recorded and available on our website and YouTube channel.

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