



## Healing Developmental Trauma

**Laurence Heller, Ph.D.**

Creator of the NeuroAffective Relational Model© (NARM) and senior faculty member at the NARM Training Institute.

**Brad Kammer, LMFT**

Licensed marriage and family therapist and NARM master therapist, consultant, and faculty trainer.

**Stefanie Klein, LCSW**

Licensed clinical social worker and NARM master therapist, consultant, and faculty member.

**Thursday, November 17, 2022, 7:00 PM CT (on Zoom)**

**Register: [www.bit.ly/NARMFANWebinar](http://www.bit.ly/NARMFANWebinar)**

**PLUS: After-Hours Event!**

Purchase a copy of *The Practical Guide for Healing Developmental Trauma* from FAN's partner bookseller The Book Stall to receive a link to an interactive "After-Hours" event hosted by Heller, Kammer, and Klein.

Presented by **Family Action Network (FAN)**, in partnership with

Beacon Academy, Brickton Montessori School, Catherine Cook School, Compass Health Center, Connections for the Homeless, Evanston Scholars, Evanston Township High School D202, Family Service Center, Family Service of Glencoe, Foundation 65, Glencoe D35, Gorton Community Center, Haven Youth and Family Services, Hyde Park Day School, Kenilworth D38, Lake Bluff D65, Lake Forest High School D115, Lake Michigan Association of Independent Schools, Loyola Academy, Mindful Psychology Associates, Morgan Park Academy, New Trier High School D203, North Shore Country Day, Northwestern University School of Education and Social Policy, Regina Dominican High School, Roycemore School, Science & Arts Academy, Stevenson High School D125, The Cove School, The Family Institute at Northwestern University, The Frances Xavier Warde School, University of Chicago Crown Family School of Social Work, Policy, and Practice, Winnetka-Northfield Public Library District, and Woodlands Academy

This event is #freeandopentothe public and will be recorded. Suitable for youth 12+ [familyactionnetwork.net](http://familyactionnetwork.net)

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**FOR IMMEDIATE RELEASE: LAURENCE HELLER, Ph.D. and BRAD KAMMER, LMFT – ON ZOOM**  
**CONTACT:** Lonnie Stonitsch, Executive Director of FAN, lonnie@familyactionnetwork.net

**Thursday, November 17, 2022, 7:00-8:00 PM, Healing Developmental Trauma, a FAN webinar featuring Laurence Heller, Ph.D. and Brad Kammer, LMFT, in conversation with Stefanie Klein, LCSW.**

**REGISTER:** [www.bit.ly/NARMFANWebinar](http://www.bit.ly/NARMFANWebinar).

**BONUS AFTER-HOURS EVENT:** Attendees who purchase a copy of *The Practical Guide to Healing Developmental Trauma* from FAN's partner bookseller The Book Stall are invited to attend an AFTER-HOURS event hosted by Heller, Kammer, and Klein that will start immediately after the webinar. Details on the webinar registration page.

In their ground-breaking and best-selling new book, *The Practical Guide to Healing Developmental Trauma*, Laurence Heller Ph.D. and Brad Kammer, LMFT present a practical guide to the NeuroAffective Relational Model (NARM), one of the first comprehensive therapeutic models for addressing adverse childhood experiences (ACEs) and complex trauma (C-PTSD). In this book, they share therapeutic applications, concrete skills, and exercises for personal growth. This new book was written to support the healing of attachment, relational, developmental, cultural, and intergenerational trauma, and it serves as a therapeutic guide for helping professionals working with complex trauma or anyone wanting to lead a more fulfilling life.

With over 70 years of clinical experience and many thousands of students and supervisees between them, Heller and Kammer are offering a depth-oriented, somatic-based, relationally-focused healing modality that stands at the forefront of the trauma-informed movement. For this event, they will discuss the healing of complex trauma, focusing on topics such as differentiating PTSD (shock trauma) and C-PTSD (complex trauma), how Adverse Childhood Experiences (ACES) lead to shame and various symptoms and disorders, the ways NARM therapeutic skills can be applied for resolving the impact of complex trauma, and what practical tips they can share for those in attendance to take away for their clients and themselves. Heller and Kammer will explain why they created this model and what makes it different from other trauma treatment modalities.

As Gabor Maté, MD (FAN '22) writes about their work: "This book, from two experienced and insightful practitioners, offers a thorough and clear guide to a modality of therapy far deeper than the prevailing cognitive and behavioral treatments. It is highly promising because it goes beyond the surface manifestations to the root causes and dynamics of human distress."

Heller and Kammer will be in conversation with **Stefanie Klein, LCSW**, assistant training director and faculty member for the NARM Training Institute.

This event suitable for youth 12+. It will be recorded and available on our website and YouTube channel.

Sponsored by **Family Action Network (FAN)**, in partnership with Beacon Academy, Brickton Montessori School, Catherine Cook School, Compass Health Center, Connections for the Homeless, Evanston Scholars, Evanston Township High School D202, Family Service Center, Family Service of Glencoe, Foundation 65, Glencoe D35, Gorton Community Center, Haven Youth and Family Services, Hyde Park Day School, Kenilworth D38, Lake Bluff D65, Lake Forest High School D115, Lake Michigan Association of Independent Schools, Loyola Academy, Mindful Psychology Associates, Morgan Park Academy, New Trier High School D203, North Shore Country Day, Northwestern University School of Education and Social Policy, Regina Dominican High School, Roycemore School, Science & Arts Academy, Stevenson High School D125, The Cove School, The Family Institute at Northwestern University, The Frances Xavier Warde School, University of Chicago Crown Family School of Social Work, Policy, and Practice, Winnetka-Northfield Public Library District, and Woodlands Academy.