



Courageous Discomfort: How to Have Important, Brave, Life-Changing Conversations about Race and Racism

Shanterra McBride, MA and Rosalind Wiseman

McBride is a Texas-based author, preacher, speaker, teacher, and founder of Marvelous University, a leadership development social enterprise. Wiseman is a Colorado-based speaker and bestselling author, and co-founder and chief content officer of Cultures of Dignity. McBride and Wiseman are co-authors of *Courageous Discomfort*.

Marlon I. Cummings, Ph.D.

Associate professor of educational and organizational leadership at Governors State University.

Tuesday, October 25, 2022, 7:00 PM CT (on Zoom)

Register: www.bit.ly/SRFANWebinar

PLUS: After-Hours Event!

Purchase a copy of *Courageous Discomfort* from FAN's partner bookseller The Book Stall to receive a link to an interactive "After-Hours" event hosted by McBride and Wiseman.

Presented by **Family Action Network (FAN)**, in partnership with

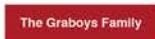
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This event is #freeandopentothepeople and will be recorded. Suitable for youth 12+ familyactionnetwork.net

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FOR IMMEDIATE RELEASE: SHANTERRA McBRIDE, MA AND ROSALIND WISEMAN – ON ZOOM
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Tuesday, October 25, 2022, 7:00-8:00 PM, Courageous Discomfort: How to Have Important, Brave, Life-Changing Conversations about Race and Racism, a FAN webinar featuring Shanterra McBride, MA and Rosalind Wiseman, in conversation with Marlon I Cummings, Ph.D.

REGISTER: www.bit.ly/SRFANWebinar.

BONUS AFTER-HOURS EVENT: Attendees who purchase a copy of *Courageous Discomfort* from FAN's partner bookseller The Book Stall are invited to attend an AFTER-HOURS event hosted by McBride and Wiseman that will start immediately after the webinar. Details on the webinar registration page.

For anyone who wants to have better, more productive discussions about race, ***Courageous Discomfort: How to Have Important, Brave, Life-Changing Conversations about Race and Racism*** is an empowering handbook that teaches you how handle whatever situation you find yourself in with skill, confidence, and dignity. Written by a Black woman and a white woman who are best friends, they are also nationally recognized facilitators, speakers, and thought leaders on education, culture, and community building who are uniquely positioned to bring people together.

In the book, authors **Shanterra McBride, MA** and **Rosalind Wiseman** (FAN '13, '20) ask readers 20 common, uncomfortable-but-critical questions about racism. The authors discuss their own friendship and tap into their decades of anti-racism work to answer these 20 questions-as-chapters that invite readers into the conversation without judgment and inspire thoughtful reflection and discussion.

McBride and Wiseman will be in conversation with **Marlon I. Cummings, Ph.D.**, associate professor of educational and organizational leadership at Governors State University in University Park, IL.

This event suitable for youth 12+. It will be recorded and available on our website and YouTube channel.

Sponsored by Family Action Network (FAN), in partnership with Baker Demonstration School, Barrington D220, Beacon Academy, Brickton Montessori School, Catherine Cook School, Chiaravalle Montessori School, Chicago Jewish Day School, Compass Health Center, Connections for the Homeless, Countryside Day School, Evanston Scholars, Evanston Township High School D202, Family Service Center, Family Service of Glencoe, Foundation 65, Francis W. Parker School, Glencoe D35, Gorton Community Center, Haven Youth and Family Services, Hyde Park Day School, Kenilworth D38, Lake Bluff D65, Lake Forest Academy, Lake Michigan Association of Independent Schools, Latin School of Chicago, Loyola Academy, Magnetar Capital, Mindful Psychology Associates, Morgan Park Academy, Near North Montessori School, New Trier High School D203, New Trier Parents' Association, North Shore Country Day, Northwestern University School of Education and Social Policy, Pope John XXIII School, Rebel Human, Regina Dominican High School, Rogers Park Montessori School, Roycemore School, Sacred Heart Schools, Santa Clara University School of Law, Science & Arts Academy, Stevenson High School D125, The Avery Coonley School, The Cove School, The Family Institute at Northwestern University, The Frances Xavier Warde School, University of Chicago Crown Family School of Social Work, Policy, and Practice, University of Chicago Laboratory Schools Parents' Association, Wilmette Public Library, Wintrust Financial, Winnetka-Northfield Public Library District, Wolcott College Prep, and Woodlands Academy.