



GRAND ROUNDS!

No Bad Parts: Healing Trauma and Restoring Wholeness

Richard C. Schwartz, Ph.D.

Creator of the evidence-based Internal Family Systems (IFS) model of psychotherapy, widely used with trauma patients. Author of, most recently, *No Bad Parts: Healing Trauma and Restoring Wholeness with the Internal Family Systems Model*.

Nancy Burgoyne, Ph.D.

Chief Clinical Officer at The Family Institute at Northwestern University.

1.0 CEUs for licensed clinicians.

Wednesday, March 8, 2023, 12:00 PM CT (on Zoom)

Register: www.bit.ly/SchwartzGR

NOTE: Grand Rounds event is open to all.

Presented by **Family Action Network (FAN)**, in partnership with

Bernard Zell Anshe Emet Day School, Brickton Montessori School, Catherine Cook School, Chicago Jewish Day School, Compass Health Center, Connections for the Homeless, Countryside Day School, Evanston Scholars, Evanston Township High School D202, Family Service Center, Family Service of Glencoe, Francis W. Parker School, Glencoe D35, Gorton Center, Haven Youth and Family Services, Hyde Park Day School, Illinois Student Assistance Commission, Lake Bluff D65, Lake Forest Community High School D115, Lake Forest Country Day School, Lake Michigan Association of Independent Schools, Leo Catholic High School, Mindful Psychology Associates, Morgan Park Academy, New Trier High School D203, New Trier Parents' Association, North Shore Country Day, Northwestern University School of Education and Social Policy, Rebel Human, Regina Dominican High School, Resurrection College Prep High School, Rogers Park Montessori School, Roycemore School, Science & Arts Academy, Stevenson High School D125, The Avery Coonley School, The Cove School, The Family Institute at Northwestern University, The Frances Xavier Warde School, University of Chicago Crown Family School of Social Work, Policy, and Practice, University of Chicago Laboratory Schools Parents' Association, Wilmette Public Library, Winnetka-Northfield Public Library District, Wintrust Financial, Wolcott College Prep, and Youth & Opportunity United.

This event is #freeandopentothe public and will be recorded. Suitable for youth 12+ familyactionnetwork.net

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FOR IMMEDIATE RELEASE: RICHARD C. SCHWARTZ, Ph.D. - ON ZOOM

CONTACT: Lonnie Stonitsch, Executive Director of FAN, lonnie@familyactionnetwork.net

Wednesday, March 8, 2023, 12:00-1:00 PM, GRAND ROUNDS: No Bad Parts: Healing Trauma and Restoring Wholeness, a FAN webinar featuring Richard C. Schwartz, Ph.D., in conversation with Nancy Burgoyne, Ph.D.

NOTE: 1-credit CEU available for Illinois licensed clinicians. See Zoom registration page for details.

REGISTER: www.bit.ly/SchwartzGR

Is there just one “you”? We’ve been taught to believe we have a single identity, and to feel fear or shame when we can’t control the inner voices that don’t match the ideal of who we think we should be. Yet **Richard Schwartz, Ph.D.’s** research now challenges this “mono-mind” theory. “All of us are born with many sub-minds—or parts,” says Schwartz. “These parts are not imaginary or symbolic. They are individuals who exist as an internal family within us—and the key to health and happiness is to honor, understand, and love every part.”

Schwartz’s Internal Family Systems (IFS) model has been transforming psychology for decades. With *No Bad Parts*, you’ll learn why IFS has been so effective in areas such as trauma recovery, addiction therapy, and depression treatment—and how this new understanding of consciousness has the potential to radically change our lives.

Schwartz is the founder of the IFS Institute and on the faculty of Harvard Medical School and was formerly an associate professor in the Department of Psychiatry at the University of Illinois at Chicago and later at Northwestern University. He will be in conversation with **Nancy Burgoyne, Ph.D.**, chief clinical officer at The Family Institute at Northwestern University. Most recently, Dr. Burgoyne interviewed **Gabor Maté, MD** for FAN in September 2022.

This event suitable for youth 12+. It will be recorded and available on our website and YouTube channel.

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