



SAVE THE DATE



PARENT EDUCATION WORKSHOP - APRIL 11

**FROM A TO ZZZZ:
ALL ABOUT PEDIATRIC SLEEP**

TUESDAY, APRIL 11TH
AT THE COVE SCHOOL | 6-8pm

Visit bit.ly/coveparented to register!



Dr. Sonia Rubens will provide an overview of sleep in children and adolescents, including the what, when, why, and how of pediatric sleep.

More information about Dr. Rubens can be found at www.drsoniarubens.com.

**For questions or requests for childcare, please contact
Regina Aniolowski at raniolowski@coveschool.org**