



CATCH presents a free documentary screening

Why we must stop helicopter parenting.

CHASING CHILDHOOD



ALL WORK AND NO PLAY
IS NO WAY FOR KIDS TO GROW UP

**Thursday
May 4th @ 7pm**

NORTHBROOK PUBLIC LIBRARY

Our relentless pursuit of perfection is hurting our children. It is truly more important to prioritize their free play and independence. Join us for a **free screening & panel discussion** led by:

- Lauren Schifferdecker, MA, LCPC, Founder, Inspire Counseling Center
- Kim Resnick, Director, Little Ones Preschool

REGISTER