

Selfless: The Social Creation of "You" Brian Lowery, Ph.D.

Walter Kenneth Kilpatrick professor of organizational behavior at Stanford Graduate School of Business. Co-Director of Stanford's new Institute on Race, dedicated to finding real-world solutions to address racial injustice.

Marcus Campbell, Ed.D.

Superintendent of Evanston Township High School D202, Evanston, IL.

Friday, May 12, 2023, 7:00 PM Evanston Township High School Auditorium 1600 Dodge Ave., Evanston, IL 60201

Presented by Family Action Network (FAN), in partnership with

Baker Demonstration School, Bernard Zell Anshe Emet Day School, Catherine Cook School, Chicago Jewish Day School, Compass Health Center, Countryside Day School, Evanston Township High School D202, Family Service Center, Glencoe D35, Gorton Center, Haven Youth and Family Services, Hyde Park Day School, Illinois Student Assistance Commission, Kenilworth D38, Lake Bluff D65, Lake Forest Academy, Lake Forest Country Day School, Lake Michigan Association of Independent Schools, Leo Catholic High School, Mindful Psychology Associates, Morgan Park Academy, North Shore Country Day, Northwestern University School of Education and Social Policy, Rebel Human, Regina Dominican High School, Resurrection College Prep High School, Roycemore School, Science & Arts Academy, Stevenson High School D125, The Cove School, The Family Institute at Northwestern University, The Frances Xavier Warde School, University of Chicago Crown Family School of Social Work, Policy, and Practice, Winnetka-Northfield Public Library District, Wolcott College Prep, Woodlands Academy, and Youth & Opportunity United

This event is #freeandopentothepublic and will be recorded but not live streamed. Suitable for youth 12+ familyactionnetwork.net





FOR IMMEDIATE RELEASE: BRIAN LOWERY, Ph.D.

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Friday, May 12, 2023, 7:00 PM, <u>Selfless: The Social Creation of "You."</u> Evanston Township High School Auditorium, 1600 Dodge Ave., Evanston, IL 60201. Interviewer: Marcus Campbell, Ed.D.

There's nothing we spend more time with, but understand less, than ourselves. You've been with yourself every waking moment of your life. But who—or, rather, what—are you? In **Selfless: The Social Creation of "You,"** social psychologist and Stanford University professor **Brian Lowery, Ph.D.** argues for the radical idea that the "self" as we know it—that "voice in your head"—is a social construct, created in our relationships and social interactions. We are unique because our individual pattern of relationships is unique. We change because our relationships change. Your self isn't just you, it's all around you.

Prof. Lowery uses this research-driven perspective of selfhood to explore questions of inequity, race, gender, politics, and power structures, transforming our perceptions of how the world is and how it could be. His theory offers insight into how powerful people manage their environment in sophisticated, often unconscious, ways to maintain the status quo; explains our competing drives for deep social connection and personal freedom; and answers profound, personal questions such as: Why has my sense of self evolved over time? Why do I sometimes stop short of changes that I want to make in life?

In Selfless, Prof. Lowery persuasively breaks down common assumptions and beliefs; his insights are humbling. Despite what many may think, we aren't islands unto ourselves; we are the creation of the many hands that touch us. We don't just exist in communities, we are created and shaped by them. Our highs and lows are not only our own but belong to others as well. By recognizing that we are products of relationships—from fleeting transactions to deep associations—we shatter the myth of individualism and free ourselves to make our lives and the world accordingly.

Prof. Lowery is the Walter Kenneth Kilpatrick Professor of Organizational Behavior at Stanford University's Graduate School of Business, and the co-director of Stanford's new Institute on Race. He also hosts the podcast *Know What You* See. He will be in conversation with **Marcus Campbell, Ed.D.**, Superintendent of Evanston Township High School D202.

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