



Growing Up in Public: Coming of Age in a Digital World

Devorah Heitner, Ph.D.

Educator, consultant, and author of *Growing Up in Public* and *Screenwise*.

Heidi Stevens

Creative director of Parent Nation, an initiative of the University of Chicago's TMW Center for Early Learning + Public Health.

Monday, November 6, 2023, 7:00 PM (on Zoom)

Register: www.bit.ly/HeitnerFANWebinar

PLUS: After-Hours Event!

Purchase a copy of *Growing Up in Public* from FAN's partner bookseller The Book Stall to receive a link to an interactive "After-Hours" event hosted by Heitner and Stevens. Details on the Zoom registration form.

Presented by **Family Action Network (FAN)**, in partnership with

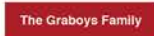
The Avery Coonley School, Baker Demonstration School, Barrington D220, Beacon Academy, Bernard Zell Anshe Emet School, Catherine Cook School, Chiaravalle Montessori School, Chicago Jewish Day School, Compass Health Center, Countryside Day School, The Cove School, Evanston Scholars, Francis W. Parker School, Gorton Center, Evanston Township HS D202, The Family Institute at Northwestern University, Family Service Center, Foundation 65, The Frances Xavier Warde School, Grayslake Community High School D127, Haven Youth and Family Services, Hyde Park Day School, Illinois Student Assistance Commission, Kenilworth D38, Lake Bluff D65, Lake Forest Academy, Lake Forest Community High School D115, Lake Forest Country Day School, Lake Michigan Association of Independent Schools, Latin School of Chicago, Leo Catholic High School, Loyola Academy, Lycée Français de Chicago, Mindful Psychology Associates, Morgan Park Academy, Near North Montessori School, New Trier High School D203, New Trier Parents' Association, North Shore Country Day, Northwestern University Office of Neighborhood and Community Relations, Northwestern University School of Education and Social Policy, Pope John XXIII School, Rebel Human, Regina Dominican High School, Resurrection College Prep High School, Rogers Park Montessori School, Roycemore School, Santa Clara University School of Law, Science & Arts Academy, Stevenson High School D125, University of Chicago Crown Family School of Social Work, Policy, and Practice, Wilmette D39, Wilmette Public Library, Winnetka D36, Winnetka-Northfield Public Library District, Wolcott College Prep, Woodlands Academy, and Youth & Opportunity United.

This event is #freeandopentothe public and will be recorded. Suitable for youth 12+. familyactionnetwork.net

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FOR IMMEDIATE RELEASE: DEVORAH HEITNER, Ph.D. – ON ZOOM

CONTACT: Lonnie Stonitsch, Executive Director of FAN, lonnie@familyactionnetwork.net

Monday, November 6, 2023, 7:00 PM, Growing Up in Public: Coming of Age in a Digital World, a FAN webinar featuring Devorah Heitner, Ph.D., in conversation with Heidi Stevens.

REGISTER: www.bit.ly/HeitnerFANWebinar

BONUS AFTER-HOURS EVENT: Attendees who purchase a copy of *Growing Up in Public* from FAN's partner bookseller The Book Stall are invited to attend an AFTER-HOURS event hosted by Heitner and Stevens that will start immediately after the webinar. Details on the webinar registration page.

With social media and constant connection, the boundaries of privacy are stretched thin. **Devorah Heitner, Ph.D.**'s new book *Growing Up in Public: Coming of Age in a Digital World* shows parents how to help tweens and teens navigate boundaries, identity, privacy, and reputation in their digital world.

We can track our kids' every move with apps, see their grades within minutes of being posted, and fixate on their digital footprint, anxious that a misstep could cause them to be "canceled" or even jeopardize their admission to college. And all of this adds pressure on kids who are coming of age immersed in social media platforms that emphasize "personal brand," "likes," and "gotcha" moments. How can they figure out who they really are with zero privacy and constant judgment?

Heitner shows us that by focusing on character, not the threat of getting caught or exposed, we can support our kids to be authentically themselves. Drawing on her extensive work with parents and schools as well as hundreds of interviews with kids, parents, educators, clinicians, and scholars, Heitner offers strategies for parenting our kids in an always-connected world.

Heitner will be in conversation with **Heidi Stevens**, creative director of Parent Nation, an initiative of the University of Chicago's TMW Center for Early Learning + Public Health. Prior to joining TMW, Stevens worked at the *Chicago Tribune* for 23 years, where she wrote a daily column called "Balancing Act." She maintains a weekly nationally syndicated column. Stevens also serves as a FAN board member.

This event suitable for youth 12+. It will be recorded and available on FAN's website and YouTube channel.

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