



A Life in Light: Meditations on Impermanence Mary Pipher, Ph.D.

Psychologist and #1 NYT bestselling author of *Reviving Ophelia* and *Rowing North: Navigating Life's Currents and Flourishing As We Age*.

Nancy Burgoyne, Ph.D.

Chief clinical officer at The Family Institute at Northwestern University.

Tuesday, December 12, 2023, 7:00 PM (on Zoom)

Register: www.bit.ly/PipherFANWebinar

PLUS: After-Hours Event!

Purchase a copy of *A Life in Light* from FAN's partner bookseller The Book Stall to receive a link to an interactive "After-Hours" event hosted by Drs. Pipher and Burgoyne. Details on the Zoom registration form.

Presented by **Family Action Network (FAN)**, in partnership with

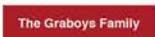
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This event is #freeandopentothe public and will be recorded. Suitable for youth 12+. familyactionnetwork.net

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FOR IMMEDIATE RELEASE: MARY PIPHER, Ph.D. – ON ZOOM

CONTACT: Lonnie Stonitsch, Executive Director of FAN, lonnie@familyactionnetwork.net

Tuesday, December 12, 2023, 7:00 PM, [A Life in Light: Meditations on Impermanence](#), a FAN webinar featuring Mary Pipher, Ph.D., in conversation with Nancy Burgoyne, Ph.D.

REGISTER: www.bit.ly/PipherFANWebinar.

BONUS AFTER-HOURS EVENT: Attendees who purchase a copy of *A Light in Life* from FAN's partner bookseller The Book Stall are invited to attend an AFTER-HOURS event hosted by Drs. Pipher and Burgoyne that will start immediately after the webinar. Details on the webinar registration page.

Mary Pipher, Ph.D. has been seen as the “cultural therapist” of a generation, and with good reason. Her work has addressed a wide range of issues from environmental concerns to the struggles of refugees. But she is perhaps best known for her work focusing on women. From her #1 *New York Times* bestseller, *Reviving Ophelia*, which helped explain the unique challenges faced by adolescent girls, to her most recent *New York Times* bestseller, *Women Rowing North*, which explores the experiences faced by women as they grow older, Pipher has been a source of comfort and strength for women at all stages of life.

Pipher’s new memoir in essays, *A Life in Light: Meditations on Impermanence* offers wisdom, hope, and insight into loss and change. Drawing from her own experiences and expertise as a psychologist specializing in women, trauma, and the effect of our culture on our mental health, she looks inward in *A Life in Light* to what shaped her as a woman, one who has experienced darkness throughout her life but was always drawn to the light. “Resilience is the ability to find light in dark times,” offers Pipher, “We build it by our attitudes, efforts, and coping skills. All our lives we face crises that require us to grow. Struggle defines and builds us.”

Pipher will be in conversation with **Nancy Burgoyne, Ph.D.** (FAN '21), chief clinical officer at The Family Institute at Northwestern University. She is a faculty member in the Master of Science in Marriage and Family Therapy program, a licensed clinical psychologist and a family therapist who abides by the scientist-practitioner model. Dr. Burgoyne has more than 30 years of experience providing direct service to clients, and more than 20 years training, leading, and learning alongside her fellow clinicians.

This event suitable for youth 12+. It will be recorded and available on FAN’s website and YouTube channel.

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