



Unshrinking: How to Face Fatphobia

Kate Manne, Ph.D.

Associate professor of philosophy at Cornell University and author of *Down Girl*, *Entitled*, and *Unshrinking*.

Roxane Gay, Ph.D.

Contributing opinion writer for the *New York Times* and author of several bestselling books, including *Bad Feminist*, *Difficult Women*, and *Hunger*.

Thursday, January 11, 2024, 7:00 PM (on Zoom)

Register: www.bit.ly/ManneFANWebinar

PLUS: After-Hours Event!

Purchase a copy of *Unshrinking* from FAN's partner bookseller The Book Stall to receive a link to an interactive "After-Hours" event hosted by Manne. Details on the Zoom registration form.

Presented by **Family Action Network (FAN)**, in partnership with

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This event is #freeandopentothepublic and will be recorded. Suitable for youth 12+. familyactionnetwork.net

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FOR IMMEDIATE RELEASE: KATE MANNE, Ph.D. – ON ZOOM

CONTACT: Lonnie Stonitsch, Executive Director of FAN, lonnie@familyactionnetwork.net

Thursday, January 11, 2024, 7:00 PM, Unshrinking: How to Face Fatphobia, a FAN webinar featuring Kaye Manne, Ph.D., in conversation with Roxane Gay, Ph.D.

REGISTER: www.bit.ly/ManneFANWebinar.

BONUS AFTER-HOURS EVENT: Attendees who purchase a copy of *Unshrinking* from FAN's partner bookseller The Book Stall are invited to attend an AFTER-HOURS event hosted by Manne that will start immediately after the webinar. Details on the webinar registration page.

In her latest book *Unshrinking: How to Face Fatphobia*, **Kate Manne, Ph.D.**, an associate professor of philosophy at Cornell University, delivers a definitive takedown of fatphobia, drawing on personal experience as well as rigorous research to expose how size discrimination harms everyone, and how to combat it.

Blending intimate stories with the trenchant analysis that has become her signature, Manne shows why fatphobia has become a vital social justice issue. She examines how anti-fatness operates—how it leads us to make devastating assumptions about a person's attractiveness, fortitude, and intellect, and how it intersects with other systems of oppression. Fatphobia is responsible for wage gaps, medical neglect, and poor educational outcomes; it is a straitjacket, restricting our freedom, our movement, our potential.

In this urgent call to action, Manne proposes a new politics of “body reflexivity”—a radical reevaluation of who our bodies exist in the world *for*: ourselves and no one else. When it comes to fatphobia, the solution is not to love our bodies more. Instead, we must dismantle the forces that control and constrain us and remake the world to accommodate people of every size.

Manne will be in conversation with **Roxane Gay, Ph.D.** a contributing opinion writer for the *New York Times* and the acclaimed bestselling author of *Bad Feminist*, *Difficult Women*, and *Hunger*. Gay is also the author of *World of Wakanda* for Marvel. She has a newsletter, *The Audacity*, and once had a podcast, *The Roxane Gay Agenda*.

This event suitable for youth 12+. It will be recorded and available on FAN's website and YouTube channel.

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