



The Breakthrough Years: A New Scientific Framework for Raising Thriving Teens

Ellen Galinsky

President of the Families and Work Institute and one of the foremost child development experts in the world.

Matthew Montgomery, Ph.D.

Superintendent of Lake Forest School Districts 67 and 115 in Illinois.

Tuesday, April 16, 2024, 7:00 PM (on Zoom)

Register: www.bit.ly/GalinskyFANWebinar

PLUS: After-Hours Event!

Purchase a copy of *The Breakthrough Years* from FAN's partner bookseller The Book Stall to receive a link to an interactive "After-Hours" event hosted by Galinsky. Details on the Zoom registration form.

Presented by **Family Action Network (FAN)**, in partnership with

The Alliance for Early Childhood, The Avery Coonley School, Baker Demonstration School, Barrington D220, Beacon Academy, Bernard Zell Anshe Emet Day School, Brickton Montessori School, British International School of Chicago/Lincoln Park, British International School of Chicago/South Loop, Catherine Cook School, Chiaravalle Montessori School, Chicago Jewish Day School, Compass Health Center, Countryside Day School, The Cove School, Evanston Township HS D202, Family Service Center, Foundation 65, The Frances Xavier Warde School, Francis W. Parker School, Glencoe D35, Gorton Center, Grayslake Community High School D127, Haven Youth and Family Services, Hyde Park Day School, Illinois Student Assistance Commission, Kenilworth D38, Lake Bluff D65, Lake Forest Academy, Lake Forest Community High School D115, Lake Forest Country Day School, Lake Michigan Association of Independent Schools, Latin School of Chicago, Leo Catholic High School, Loyola Academy, Lycée Français de Chicago, Magnetar Capital, Morgan Park Academy, Near North Montessori School, New Trier High School D203, New Trier Parents' Association, North Shore Country Day, Northwestern University Office of Neighborhood and Community Relations, Northwestern University School of Education and Social Policy, Pope John XXIII School, Rebel Human, Regina Dominican High School, Resurrection College Prep High School, Rogers Park Montessori School, Roycemore School, Sacred Heart Schools, Santa Clara University School of Law, Science & Arts Academy, The Sonia Shankman Orthogenic School, Stevenson High School D125, University of Chicago Crown Family School of Social Work, Policy, and Practice, Winnetka D36, Winnetka-Northfield Public Library District, Wolcott College Prep, Woodlands Academy, Youth & Opportunity United.

This event is #freeandopentothe public and will be recorded. Suitable for youth 12+. familyactionnetwork.net

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FOR IMMEDIATE RELEASE: ELLEN GALINSKY – ON ZOOM

CONTACT: Lonnie Stonitsch, Executive Director of FAN, lonnie@familyactionnetwork.net

Tuesday, April 16, 2024, 7:00 PM, The Breakthrough Years: A New Scientific Framework for Raising Thriving Teens, a FAN webinar featuring Ellen Galinsky, in conversation with Matthew Montgomery, Ph.D.

REGISTER: www.bit.ly/GalinskyFANWebinar

BONUS AFTER-HOURS EVENT: Attendees who purchase a copy of *The Breakthrough Years* from FAN's partner bookseller The Book Stall are invited to attend an AFTER-HOURS event hosted by Ms. Galinsky that will start immediately after the webinar. Details on the webinar registration page.

Many assumptions about adolescents are just plain wrong, argues **Ellen Galinsky**, president of the Families and Work Institute and former chief science officer at the Bezos Family Foundation and one of the foremost child development experts in the world. In *The Breakthrough Years: A New Scientific Framework for Raising Thriving Teens*, she challenges and debunks the many myths, misunderstandings, and stereotypes about adolescents while weaving research-tested ways to influence them for success during these impressionable and transformative years.

Galinsky, the author of the best-selling *Mind in the Making*, set out to uncover the best strategies for raising thriving teens by interviewing and studying a nationally representative group of 1,666 adolescents (ages 9 to 19) and their parents, asking “What would you like to tell the adults of America about people your age?” Compelling, informative, and eye-opening, *The Breakthrough Years* is the culmination of this seven-year study into the adolescent brain and behavior.

Galinsky will be in conversation with **Matthew Montgomery, Ph.D.**, superintendent of Lake Forest School Districts 67 and 115 in Illinois. A proponent of lifelong learning, Dr. Montgomery is also the Lead Superintendent for Cohort and Partner Connections with the School Superintendents Association (AASA), co-chairs the AASA STEM Leadership Consortium.

This event suitable for youth 12+. It will be recorded and available on FAN's website and YouTube channel.

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