

Working with High Conflict Couples and Those with Differences in Sexual Desire: An Integrative Self Psychological Approach

Virtual Mini Course
Saturday, June 15, 2024
9:00 a.m. - 12:00 p.m. CDT

Course Summary:

Couple therapy can be challenging for both novice and experienced therapists alike, but contemporary self psychology offers a wealth of concepts that can make the task a bit easier. The first hour of the presentation will cover the key tenets of the presenter's self psychology-informed integrative approach to couple therapy in general. Concepts covered in more detail in two of her published papers, which will be emailed to participants upon registration (or upon request for those considering registering), although reading them ahead will be optional. She will then focus on the application of these concepts to two types of couples that are often particularly challenging for therapists - high conflict couples and those struggling with differences in levels of sexual desire. Detailed clinical examples with transcripts will be included to illustrate key concepts and time will be allotted for questions and discussion.

Bio:

Carla Leone, PhD is the co-founder and Director of ICSW's certificate program in Integrative Psychoanalytic Couple Therapy and she is on the faculty of ICSW and an Adjunct Faculty member of the Chicago Psychoanalytic Institute. She founded and directs a group private practice, North Suburban Family Psychologists, where she sees individuals and couples, runs study groups and provides supervision and consultation. She is an elected member of the governing council of the International Association for Psychoanalytic Self Psychology (IAPSP), has served as its Secretary, and is co-founder and former chair of its Couple Therapy Interest Group.



Instructor: Carla Leone, PhD

