



The Disengaged Teen: Helping Kids Learn Better, Feel Better, and Live Better

Jenny Anderson

Award-winning journalist, writer of the "How to Be Brave" Substack newsletter, and host of the *LearnIt* podcast.

Rebecca Winthrop, Ph.D.

Senior Fellow and Director of the Center for Universal Education at the Brookings Institution and an adjunct professor at Georgetown University.

Charles Duhigg

Pulitzer Prize-winning investigative journalist and author of the *New York Times* bestsellers *Supercommunicators* and *The Power of Habit*.

Thursday, January 16, 2025, 7:00 PM

Register: www.bit.ly/AWFANWebinar

PLUS: After-Hours Event!

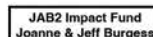
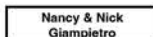
Purchase a copy of *The Disengaged Teen* from FAN's partner bookseller The Book Stall to receive a link to an interactive "After-Hours" event hosted by Anderson and Winthrop. Details on the Zoom registration form.

This event is #freeandopentothe public and will be recorded.

Suitable for youth 12+

Presented by **FAN** and 63 of our member schools and organizations.

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SUPPORTERS

The Alliance for Early Childhood + The Anderson Family + Gorton Community Center + Stephanie & Roger Hochschild + Maureen & Collin Kebo Mammel Foundation + The McCall Family + Northwestern University/SESP + Santa Clara University College of Law + Diana Terlato



FOR IMMEDIATE RELEASE: JENNY ANDERSON and REBECCA WINTHROP, Ph.D. – ON ZOOM
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Thursday, January 16, 2025, 7:00 PM, The Disengaged Teen: Helping Kids Learn Better, Feel Better, and Live Better, a FAN webinar featuring Jenny Anderson and Rebecca Winthrop, Ph.D. in conversation with Charles Duhigg. REGISTER: www.bit.ly/AWFANWebinar

BONUS AFTER-HOURS EVENT: Attendees who purchase a copy of *The Disengaged Teen* from FAN's partner bookseller The Book Stall are invited to attend an AFTER-HOURS event hosted by Anderson and Winthrop that will start immediately after the webinar. Details on the webinar registration page.

Adolescents are hardwired to explore and grow, and learning is mainly how they do this. But a shocking majority of teens are disengaged from school, simultaneously bored and overwhelmed. This is feeding an alarming teen mental health crisis. As kids get older and more independent, parents often feel powerless to help. But fear not, there are evidence-backed strategies to guide them from disengagement to drive, in and out of school.

For the past five years, award-winning journalist **Jenny Anderson** and the Brookings Institution's global education expert **Rebecca Winthrop, Ph.D.** have been investigating why so many children lose their love of learning in adolescence. Based on extensive original research, including surveys of over 60,000 students, 25,000 parents and 6,000 teachers; as well as in-depth interviews with 100 students over years, their new book, *The Disengaged Teen: Helping Kids Learn Better, Feel Better, and Live Better* offers four modes of learning that students use to navigate through the shifting academic demands and social dynamics of middle and high school, shaping the internal narratives about their skills, potential, and identity: Resister, Passenger, Achiever, and Explorer. Understanding your child's learning modes is vital for nurturing their ability to become Explorers. Anderson and Winthrop outline simple yet counterintuitive parenting strategies for connecting with your child, tailoring your listening and communication styles to their needs, igniting their curiosity, and building self-awareness and emotional regulation.

Anderson and Winthrop will be in conversation with **Charles Duhigg** (FAN '24), Pulitzer Prize-winning investigative journalist and author of the *New York Times* bestsellers *Supercommunicators* and *The Power of Habit*.

This event suitable for youth 12+. It will be recorded and available on FAN's website and YouTube channel.

Sponsored by **FAN**, in partnership with The Alliance for Early Childhood, The Avery Coonley School, Avoca D37, Baker Demonstration School, Barrington D220, Beacon Academy, Bernard Zell Anshe Emet Day School, British International School of Chicago/Lincoln Park, British International School of Chicago/South Loop, Catherine Cook School, Chiaravalle Montessori School, Chicago Jewish Day School, Compass Health Center, Countryside Day School, The Cove School, Evanston Township HS D202, The Family Institute at Northwestern University, Family Service Center, Foundation 65, The Frances Xavier Warde School, Francis W. Parker School, Glencoe D35, Glenview Public Library, Gorton Center, Haven Youth and Family Services, Hyde Park Day School, Illinois Student Assistance Commission, Kenilworth D38, Lake Bluff D65, Lake Forest Academy, Lake Forest Community High School D115, Lake Forest Country Day School, Latin School of Chicago, Leo Catholic High School, Libertyville D70, Lycée Français de Chicago, Magnetar Capital, Morgan Park Academy, Near North Montessori School, New Trier High School D203, North Shore Country Day, Northwestern University Office of Neighborhood and Community Relations, Northwestern University School of Education and Social Policy, Pope John XXIII School, Psychgeist Media, Regina Dominican High School, Resurrection College Prep High School, Rogers Park Montessori School, Roycemore School, Sacred Heart Schools, St. Bernard's School, Santa Clara University School of Law, Science & Arts Academy, Stevenson High School D125, Township High School D113, UChicago Network for College Success, University of Chicago Crown Family School of Social Work, Policy, and Practice, Wilmette D39, Wilmette Public Library, Winnetka D36, Wolcott College Prep, Woodlands Academy, Youth & Opportunity United.