## Launch with Confidence:

Guiding Parents Through New Stages & Changing Needs



Join therapists Diana Flemma, MA, and Sarah H. Levi, PsyD for a one-hour conversation designed to help parents become more confident, prepared, and connected during the transitions from high school to college and beyond. We will explore practical tools, address common concerns and create a space for shared insight and encouragement.

## **Upcoming Dates:**

Wednesday, June 11 | 1:30 pm | North Shore Country Day School Wednesday, August 13 | 1:30 pm & 7 pm | Winnetka Public Library



Click
HERE
to
Register



Diana Flemma, MA and Sarah H. Levi, PsyD, bring over 45 years of combined experience and expertise working with high school and college students and their families, through their private practices and their work in schools.