

FAN



The Secrets of Strong
Connections in a Lonely World

VIBE



**ADAM
GRANT**

#1 New York Times bestselling author of
THINK AGAIN and **HIDDEN POTENTIAL**



Vibe: The Secrets of Strong Connections in a Lonely World Adam Grant, Ph.D.

Saul P. Steinberg Professor of Management and Professor of Psychology, The Wharton School, University of Pennsylvania.

Greta Johnsen

Co-hosts HBO's *Official Game of Thrones* podcast; writes the GRETAGRAM newsletter; host and creator of the podcast *Happy to Be Here*.

Thursday, October 15, 2026, 7:00 PM CT
Francis W. Parker School, Heller Auditorium
2233 N. Clark St., Chicago, IL 60614



BOOK GIVEAWAY of *Vibe* at the event, while supplies last.
Post-event reception, open to all.

This event is **#freeandopentothepublic** and will be recorded but not livestreamed.
No registration required. Suitable for youth 12+

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FOR IMMEDIATE RELEASE: ADAM GRANT, Ph.D. – IN PERSON

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Thursday, October 15, 2026 | 7:00 PM CT

Vibe: The Secrets of Strong Connections in a Lonely World

A FAN program featuring Adam Grant, Ph.D., in conversation with Greta Johnsen

Francis W. Parker School, Heller Auditorium, 2233 N. Clark St., Chicago, IL 60614

No registration required. Post-event reception, all are welcome.

Book Giveaway: FAN is giving away copies of *Vibe* to attendees, while supplies last. We are grateful for the financial support of Compass Health Center for this giveaway.

When we vibe with other people, it fuels our happiness and success. Yet building meaningful ties is one of the most pressing problems of our time. As face-to-face interaction gives way to digital screens, communication gets outsourced to AI, and the world becomes more polarized, our loneliness crisis shows no signs of slowing.

To reveal how we can forge faster, stronger, and longer bonds, #1 New York Times bestselling author **Adam Grant, Ph.D.** (FAN '14, '16), offers groundbreaking studies, expert insights, and myth-busting stories. Grant's new book ***Vibe: The Secrets of Strong Connections in a Lonely World*** is filled with the eye-opening takeaways that have brought millions of readers to his books. *Vibe* teaches us that similarity is not necessary for solidarity, chemistry doesn't always happen quickly, and closeness doesn't always take time.

Along the way, Grant introduces us to a crew of astronauts who learned to trust people they don't like, a comedy troupe that swears by taking time apart as a key to staying together, a band that grew closer by learning to fight more, and a journalist who designed a gathering that led to seventy-eight marriages. He also opens up about his personal struggles to find his place as a shy introvert and the lessons that propelled his transformation into an enthusiastic convener. Through these examples and more, Grant uncovers the keys to creating deeper relationships and tighter communities.

Vibe will change how you interact with people. No matter how good you are at connecting, you can always get better—and help others get better too.

Grant will be in conversation with **Greta Johnson**, an interviewer, podcast host, event moderator, and book person. She co-hosts HBO's *Official Game of Thrones Podcast*, writes the GRETAGRAM newsletter on Substack, and is host and creator of the podcast *Happy to Be Here*.

This event is suitable for youth ages 12 and up. It will be recorded but not live streamed and available on FAN's website and YouTube channel.

Sponsored by **FAN**, in partnership with The Alliance for Early Childhood, The Ancona School, The Avery Coonley School, Avoca D37, Baker Demonstration School, Barrington D220, Beacon Academy, Bennett Day School, Bernard Zell Anshe Emet Day School, Brickton Montessori School, British International School of Chicago, Catherine Cook School, Compass Health Center, Connections Health, Countryside Day School, The Cove School, Evanston Township HS D202, The Family Institute at Northwestern University, Family Service Center, Foundation 65, The Frances Xavier Warde School, Francis W. Parker School, Glenbrook HS D225, Glencoe D35, Glenview Public Library, Gorton Center, Hyde Park Day School, Illinois Student Assistance Commission, Josephinum Academy, Kenilworth D38, Lake Bluff D65, Lake Forest Community High School D115, Latin School of Chicago, Leo Catholic High School, Lycée Français de Chicago, Magnetar Capital, North Shore Country Day, Northwestern University Office of Neighborhood and Community Relations, Northwestern University School of Education and Social Policy, Oakton College, Pope John XXIII School, Psychgeist Media, Regina Dominican High School, Rogers Park Montessori School, Sacred Heart Schools, Santa Clara University School of Law, Science & Arts Academy, The Sonia Shankman Orthogenic School, Stevenson HS D125, Township High School D113, Township High School D214, Wilmette Public Library, The Winnetka Public Schools, Wintrust Bank, Wolcott College Prep, Woodlands Academy, Youth & Opportunity United.