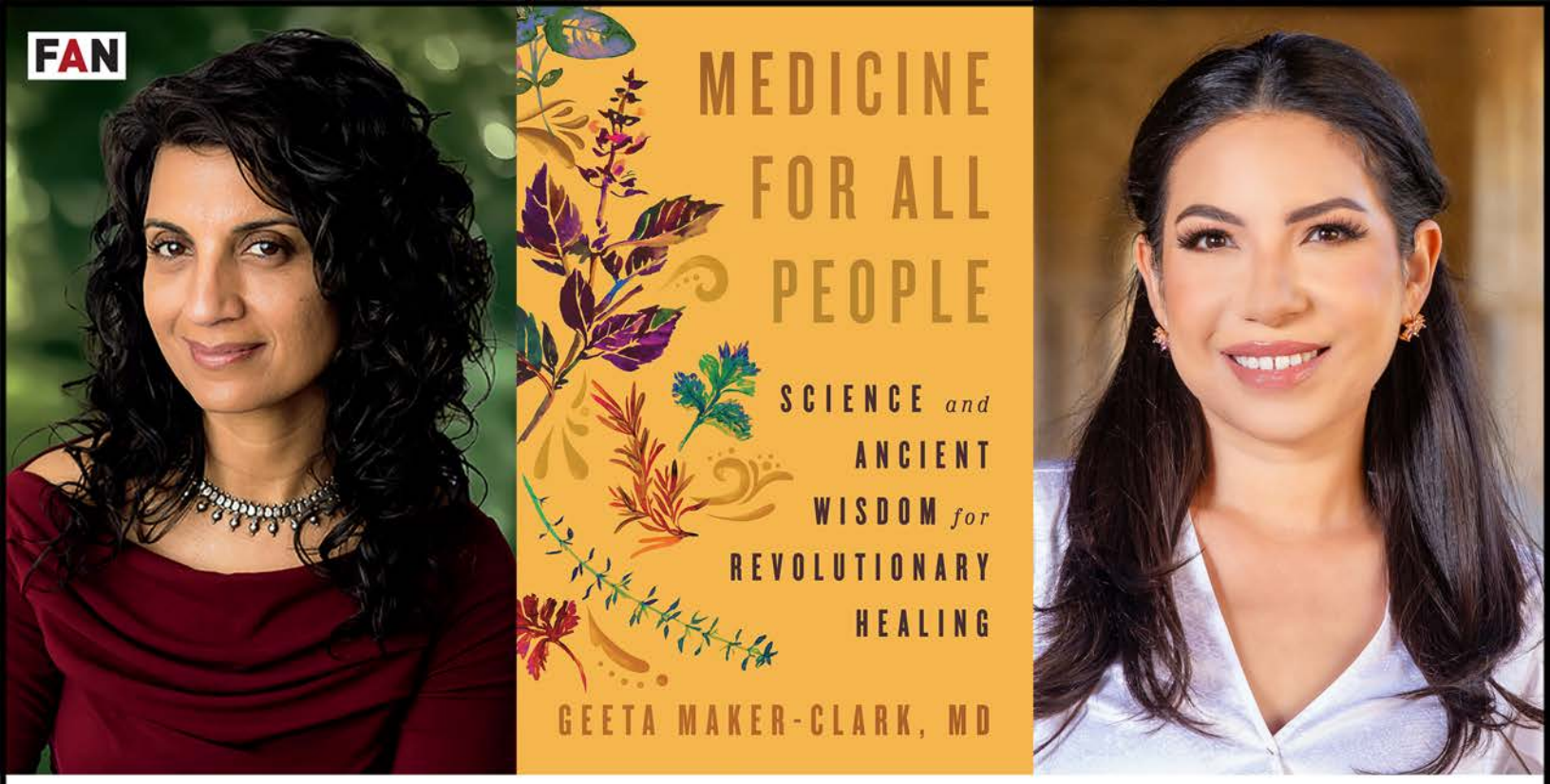


Medicine for All People: Science and Ancient Wisdom for Revolutionary Healing

Geeta Maker-Clark, MD

Director of Integrative Nutrition and Advocacy at Endeavor Health and a clinical assistant professor at the University of Chicago Pritzker School of Medicine, where she co-directs the Culinary Medicine program.

Araceli Gómez-Aldana

Multimedia journalist and engagement reporter at WBEZ Chicago.

Thursday, December 3, 2026, 7:00 PM CT
Evanston Township High School, Studio Theatre
1600 Dodge Ave., Evanston, IL 60201

BOOK GIVEAWAY of *Medicine for All People* at the event, while supplies last.

This event is #freeandopentothepublic and will be recorded but not livestreamed.
No registration required. Suitable for youth 12+

Presented by FAN and our member schools and organizations.
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FOR IMMEDIATE RELEASE: GEETA MAKER-CLARK, MD – IN PERSON
CONTACT: Lonnie Stonitsch, Executive Director of FAN, lonnie@familyactionnetwork.net

Thursday, December 3, 2026 | 7:00 PM CT

Medicine for All People: Science and Ancient Wisdom for Revolutionary Healing
A FAN program featuring Geeta Maker-Clark, MD, in conversation with Araceli Gómez-Aldana
Evanston Township High School, Studio Theatre, 1600 Dodge Ave., Evanston, IL 60201
No registration required.

Book Giveaway: FAN is giving away copies of *Medicine for All People* to attendees, while supplies last.

For most of us, the word medicine suggests prescriptions, procedures, and insurance forms. Physician **Geeta Maker-Clark, MD**, reminds us that across cultures and generations it has also meant nourishing food and plants, time in nature, movement, breath, and community, and that research in integrative medicine, neuroscience, and public health increasingly supports these older practices.

In ***Medicine for All People: Science and Ancient Wisdom for Revolutionary Healing***, Maker-Clark draws on more than twenty-five years as a family physician, on the Ayurvedic traditions of her Punjabi heritage, and on work that has taken her from a tribal village in India to the medical tents at Standing Rock. She shows how our food and healthcare systems have contributed to the heavy burden of chronic disease in communities long shut out of resources, conditions shaped by structural forces and not only by individual choices. In response, she offers medicines that are accessible and often free: culturally rooted foods, gratitude and breath practices that calm the nervous system, dance and movement that build neuroplasticity and joy, and the connections that restore belonging. Her case is that our own well-being cannot be separated from the health of our communities.

Maker-Clark is director of Integrative Nutrition and Advocacy at Endeavor Health and a clinical assistant professor and co-director of the Culinary Medicine program at the University of Chicago Pritzker School of Medicine. She will be in conversation with **Araceli Gómez-Aldana,** a multimedia journalist and engagement reporter at WBEZ Chicago and a former John S. Knight Journalism Fellow at Stanford University.

This event is suitable for youth ages 12 and up. It will be recorded but not live streamed and available on FAN's website and YouTube channel.

Sponsored by **FAN**, in partnership with The Alliance for Early Childhood, The Ancona School, The Avery Coonley School, Avoca D37, Barrington D220, Beacon Academy, Bennett Day School, Bernard Zell Anshe Emet Day School, Brickton Montessori School, British International School of Chicago, Catherine Cook School, Chiaravalle Montessori School, Compass Health Center, Connections Health, Countryside Day School, Evanston Scholars, Evanston Township HS D202, The Family Institute at Northwestern University, Family Service Center, The Frances Xavier Warde School, Francis W. Parker School, Glenbrook HS D225, Glenview Public Library, Gorton Center, Hyde Park Day School, Illinois Student Assistance Commission, Kenilworth D38, Lake Bluff D65, Latin School of Chicago, Leo Catholic High School, Lycée Français de Chicago, Magnetar Capital, North Shore Country Day, Northwestern University Office of Neighborhood and Community Relations, Northwestern University School of Education and Social Policy, Oakton College, Pope John XXIII School, Regina Dominican High School, Rogers Park Montessori School, Sacred Heart Schools, Santa Clara University School of Law, Science & Arts Academy, The Sonia Shankman Orthogenic School, Stevenson High School D125, Township High School D113, Township High School D214, Wilmette Public Library, The Winnetka Public Schools, Wintrust Financial, Wolcott College Prep, Woodlands Academy, Youth & Opportunity United.